

Available Support



24x7 Adviceline



- Managed referral to Counselling
- Separate Managerial Adviceline



- Legal/Tax information
- Debt Advice
- Finance Advice
- Family Care
- Everyday Matters



Active Account Management



Online Resources & Tools



Adviceline

- Free & Confidential
- Available 24 x 7 x 365
- Available to employees & family members
- Information & support on all work/life issues
- All calls handles by qualified counsellors
- Clinical Management Support





Structured Counselling

- Fully Confidential
- Brief solution focused therapy
- Appointment within (3) working days
- Specialist interventions as needed
- Inclusive Structured Counselling
- Face to face / Telephone / cCBT / Online
- Access to Counselling chat rooms,
- 'Live Agent'





Debt & Financial Support

- Advice on unsecured debt
- Negotiation with creditors
- IVAs
- Bankruptcy
- Repossessions
- Income maximisation
- Financial makeover



Legal & Tax Advice

- Consumer lax
- Estate planning
- Family law
- Capital Gains Tax
- HMRC penalty regime
- Inheritance Tax
- IR35 general advice
- N1 thresholds & PAYE
- Property





Everyday Matters

- Time Management
- Moving House
- Finding a doctor /dentist
- Finding schools/nurseries
- Evening Classes
- Driving Instructors
- Benefits









Family Support Services

- Parenting
- Child care
- Education
- Divorce/separation
- Elder care
- Disability care
- Bereavement
- Pet care
- Being made homeless





Birmingham Children's
Hospital
NHS Foundation To set

providing the Staff Support Service to employees at the collaborative relationship between the two organisations, Birmingham Children's Hospital contact Sarah Brown provided

levels in this field at the hospital. This case study details Sarah's leading providers of paediatric supporting 90,000 children, you families each year.

The hospital has a global reputation for exc specialist services, including the proclimation conditions, chronic liker and kidney disease epilepsy, neurology and cystic fibrosis. It is site intensive care until for children, a major breaking mental health services.

he facilities and technical expertise at the irts the hospital's feam of 3,700 people that of the children and their families, providing

Working with psychological wellbeing speci-licipital has delivered a 2477 back-up servi adding a lievel of security for all employees, demonstrating it cares - all of which has led employee stress.

Birmingham Children's Hospital

care and support.

Some of the issues CiC can provide support for



Personal Crisis

- Divorce / Separation
- Miscarriage
- Anxiety disorders
- Racial Discrimination

Family Crisis

- Bereavement
- Caring for relatives Disputes
- Conflict over possession.
- Legal III Health
- Unplanned Pregnancy

- Returning to Work Maternity leave
- Child care
- Overseas relocation
- After Ilness
- Role change Working tax credit

Illness

- Diagnosis Terminal illness
- Decression
- Drug & Alcohol abuse I sing with ilness

Telling the family

Addiction

Starting a new Job

- Preparation
- Fitting in Support
- Work co leagues
- Stress

New skills

Getting Married

- Budgeting Guest list
- Venues The cress
- Organisation

 - Honeymoon Family friction

Whatever the challenge you will find help here: www.well-online.co.uk





Web address: www.well-online.co.uk





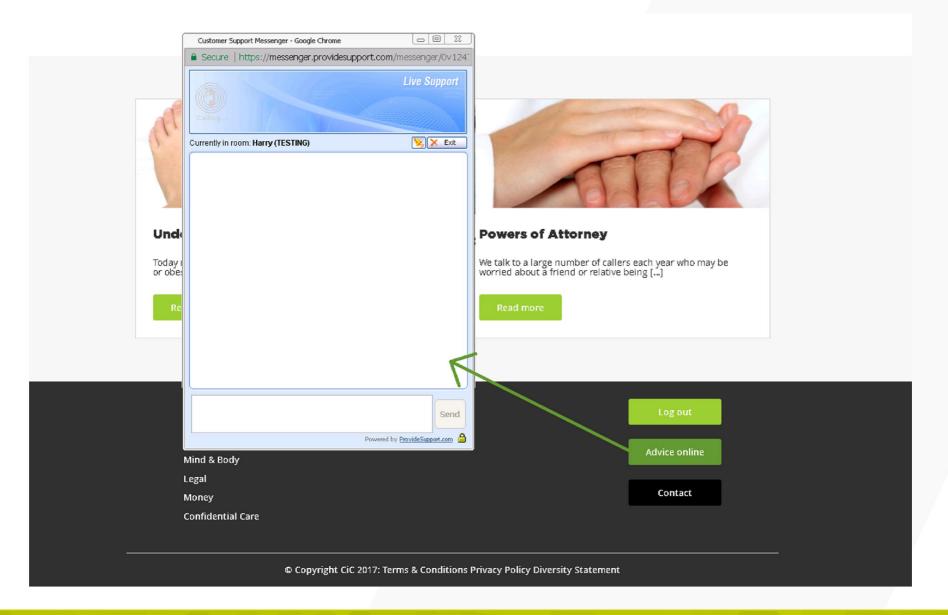
Welcome

Well Online is your comprehensive wellbeing resource, offering information, advice and confidential support. Brought to you by your organisation's Employee Assistance Programme (EAP), the site offers a wealth of practical tips, fresh ideas and stimulating reading. Whatever challenge you face, you will find help here.

Username: iclogin

Password: wellbeing









Any Questions?

