

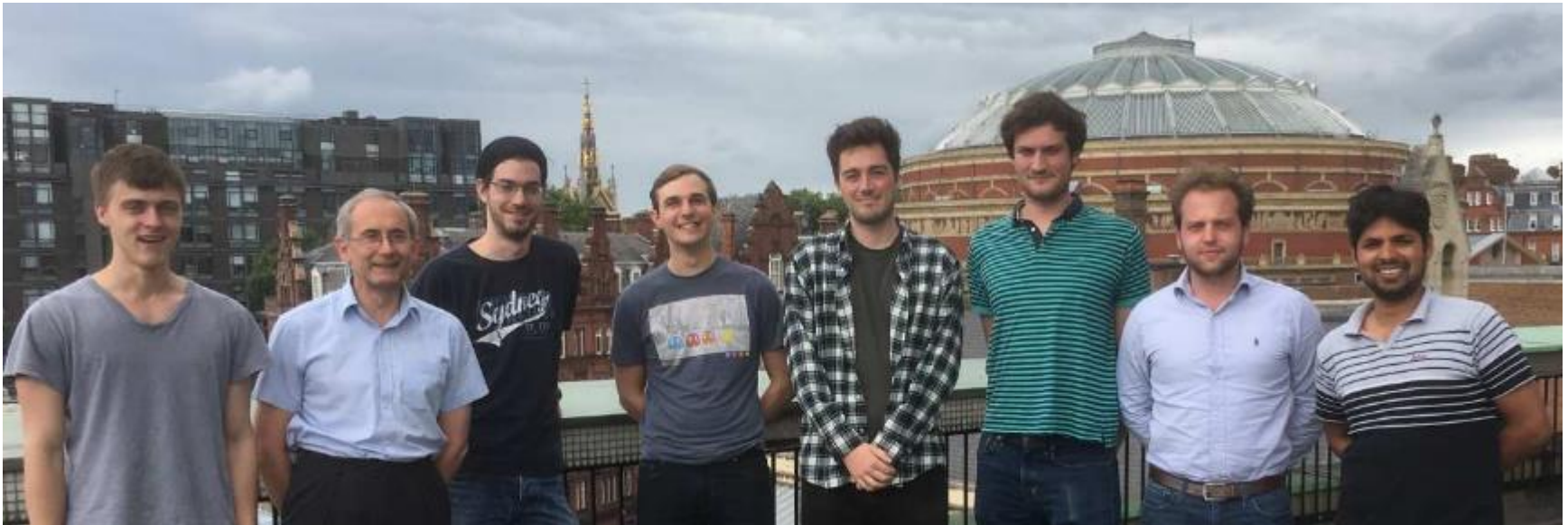
Coherent control of ground-state cooled ions in a Penning trap

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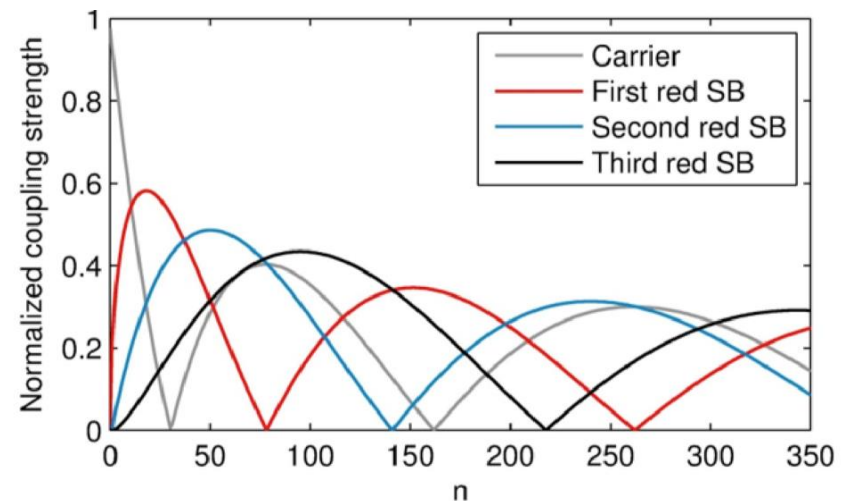
People involved in this work



- *PhD students:* Ollie Corfield, Jake Lishman (theory), Manoj Joshi (now at Innsbruck), Vincent Jarlaud, Pavel Hrmo (now at Innsbruck)
- *Staff:* Richard Thompson, Florian Mintert (theory), Danny Segal (1960-2015)

Outline of the talk

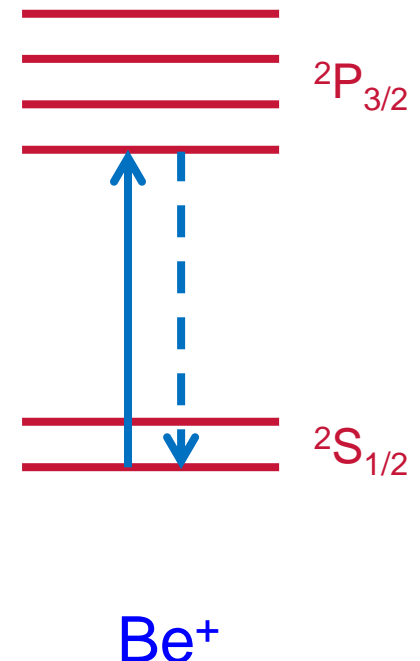
- Laser cooling in the Penning trap
- Effect of a large Lamb-Dicke parameter
- Sideband cooling of a single ion
 - Coherent superpositions of motional states
 - Coherent control with a bichromatic beam
 - Coherent manipulation of the motion in high- n states
- Sideband cooling of two-ion ‘crystals’
- Sideband cooling of the radial motion
- Outlook



Strengths of motional sidebands as a function of n for Lamb-Dicke parameter $\eta \sim 0.2$

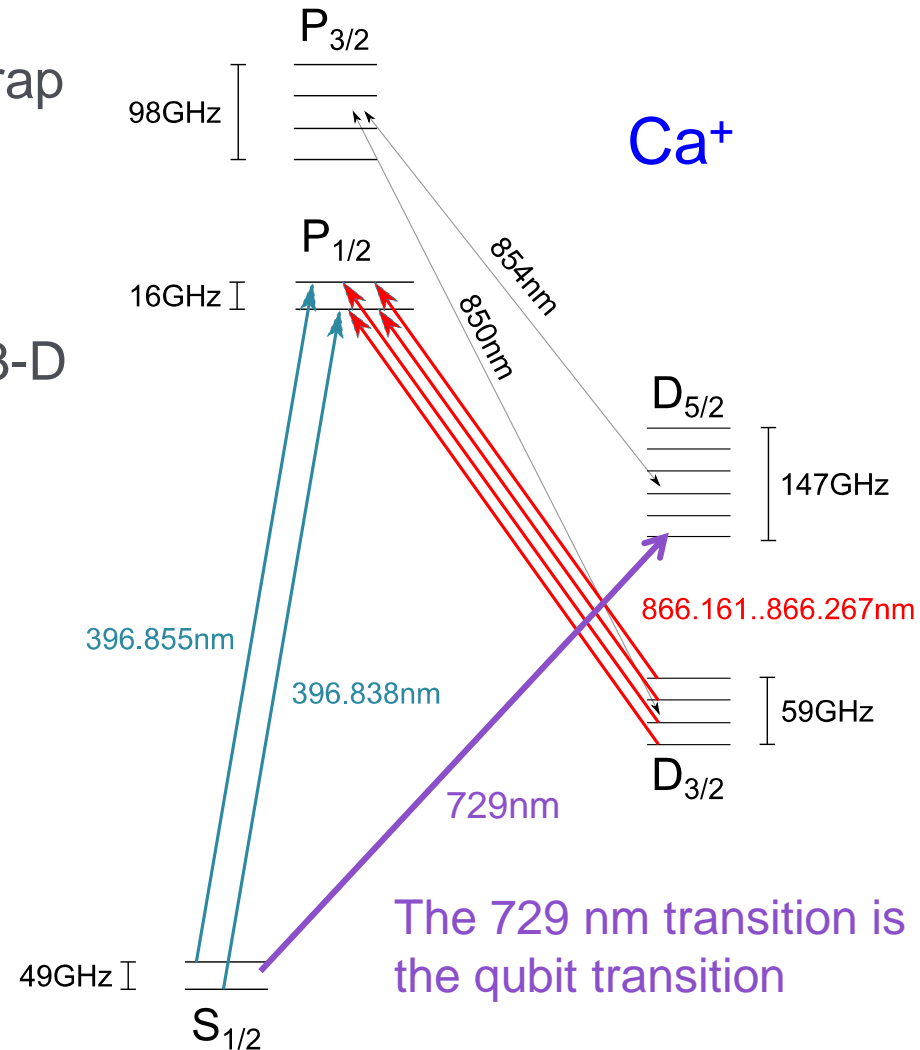
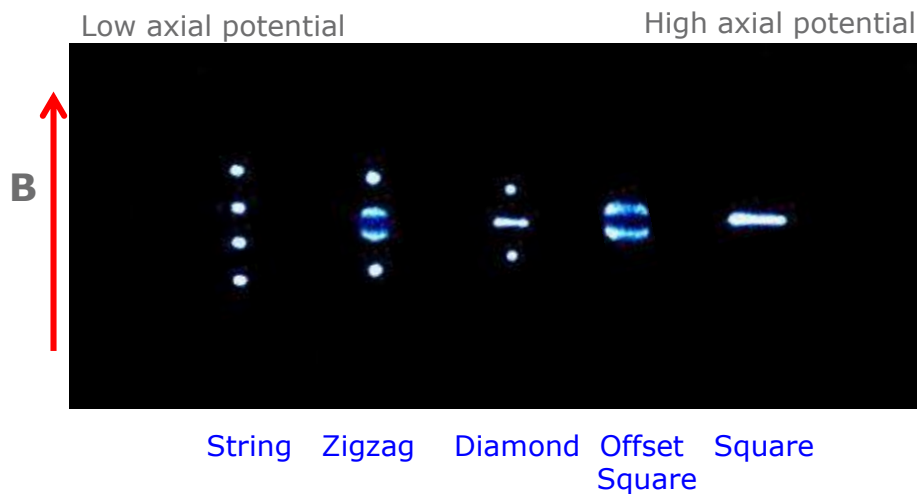
Laser cooling in the Penning trap

- Doppler cooling is basically the same in radiofrequency and Penning traps, but...
- Zeeman splitting of levels requires multiple laser frequencies for cooling
 - » Avoided in simple ions (Mg^+ and Be^+) by using optical pumping techniques
- Magnetron motion has negative energy and is hard to cool
 - » Needs laser beam offset from trap centre
 - » Or additional fields (rotating wall, axialisation)
- Oscillation frequencies are relatively low (<1MHz in our case)



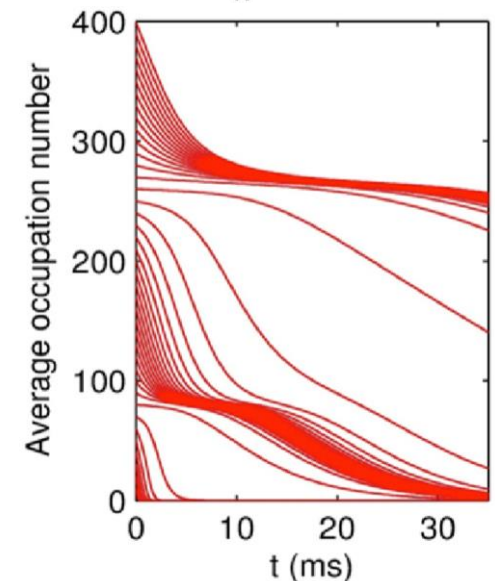
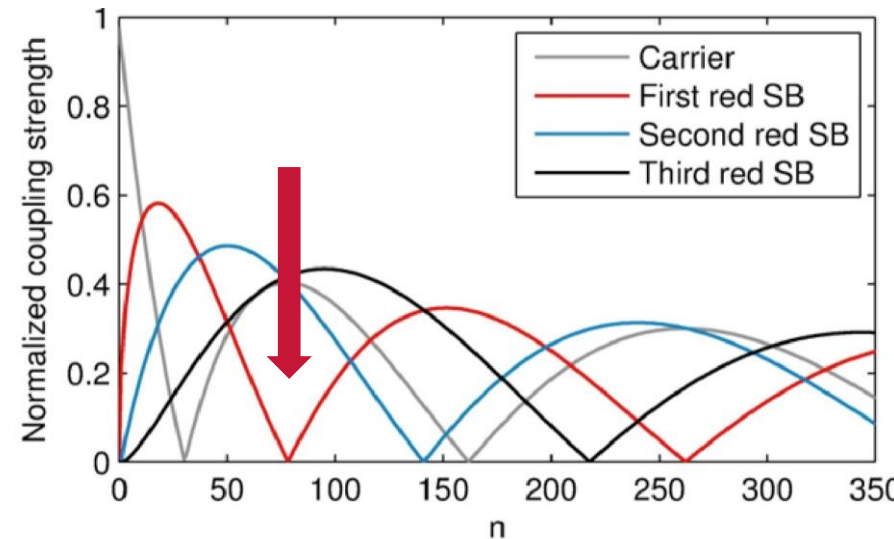
Working with calcium in a Penning trap

- In the magnetic field of the Penning trap we obtain large Zeeman splittings
- We require 10 laser frequencies (4 lasers) for Doppler cooling
- We can create and control 1, 2, and 3-D Coulomb crystals

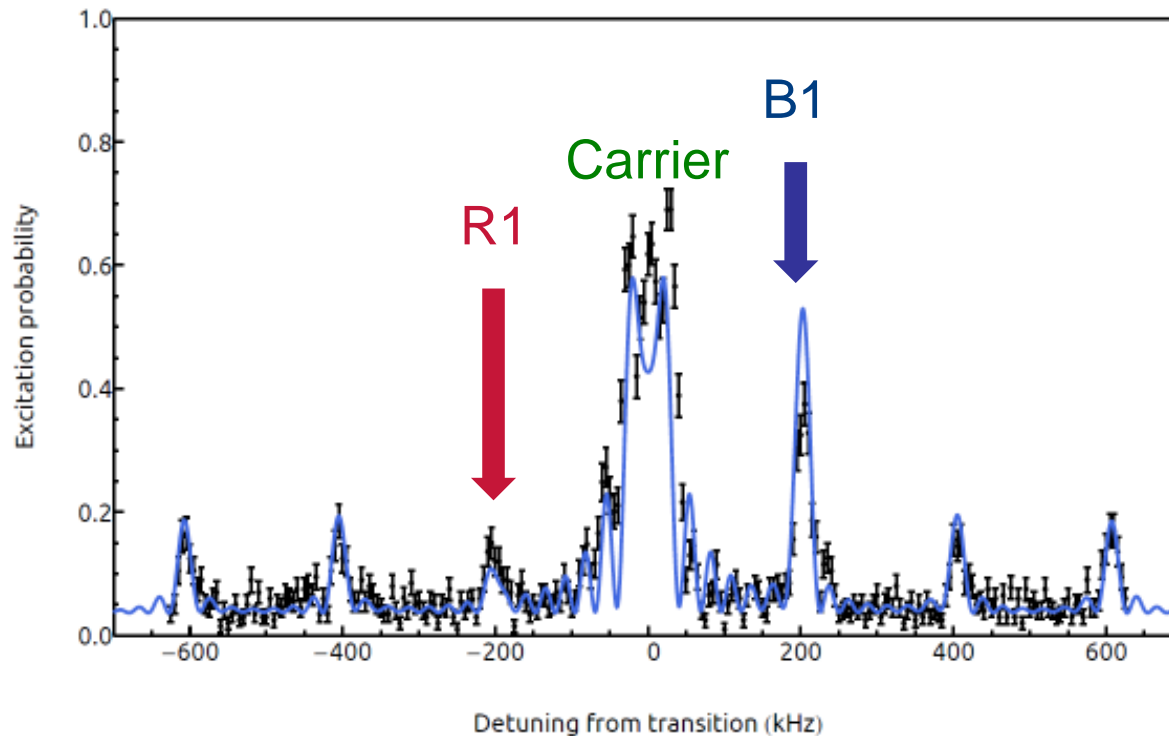


Sideband cooling: “trapped” motional states

- The Lamb-Dicke parameter η determines the amplitude of the motional sidebands
 - $\eta = x_0(2\pi/\lambda) \sim 0.2$ for our trap [x_0 is size of g.s. wavefunction]
- The strength of each motional sideband depends on η
 - Quantum equivalent to sidebands in classical frequency modulation*
- For our low trap frequencies we expect the first red sideband to have zero amplitude around $n=80$
- Cooling on the first red sideband (R1) will only be effective for $n < 80$
- Around 20% of the population is at $n > 80$ at the Doppler limit ($\langle n \rangle = 47$)



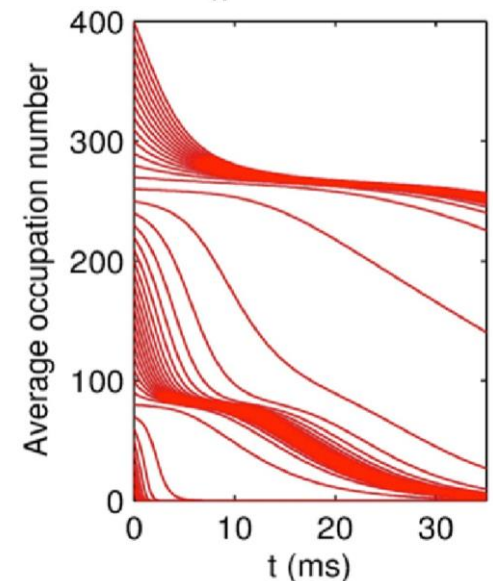
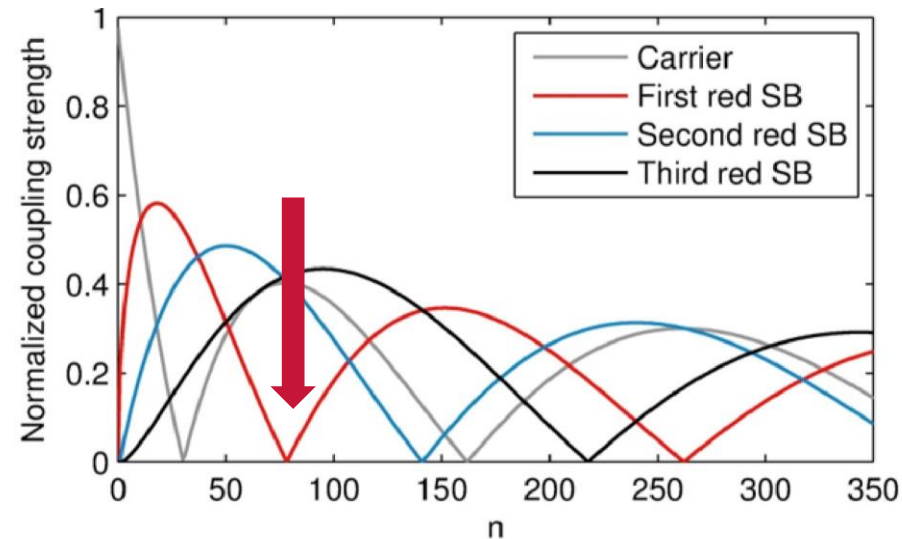
Spectrum showing population in trapped state



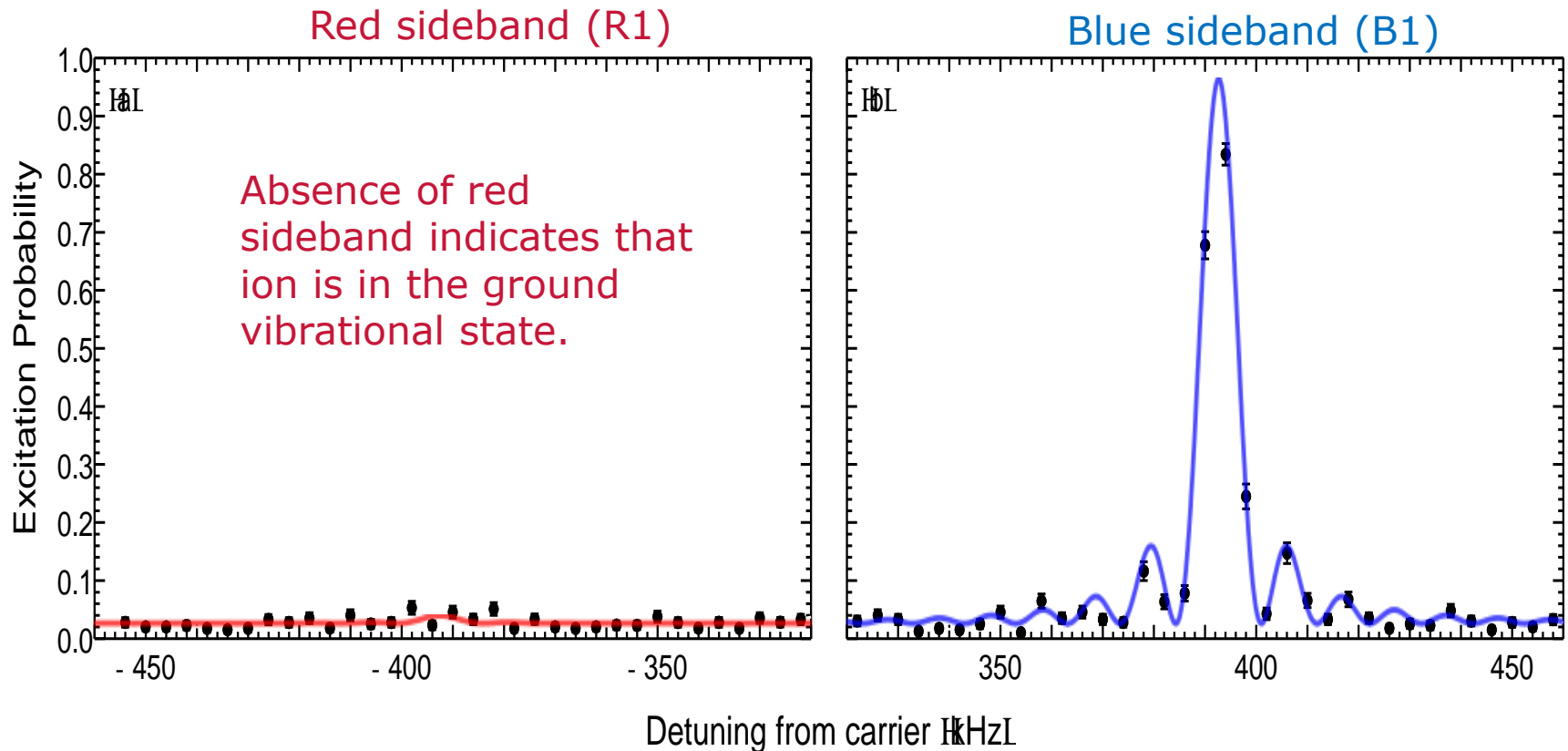
- After sideband cooling on the first red sideband (R1):
 - much of the population is in $n=0$
 - » this gives the strong asymmetry between R1 and B1
 - but some is trapped around $n=80$
 - » This gives the higher order sidebands in the spectrum

Clearing out the “trapped” motional states

- Cooling on the first red sideband (R1) will only be effective for $n < 80$
- Around 20% of the population is at $n > 80$ at the Doppler limit
- To pump this population we need to drive the 2nd red sideband (R2) first
 - R2 is strong right up to $n = 140$ but does not give effective cooling at low n
- The procedure is then
 - R1 (10 ms)
 - R2 (5 ms)
 - R1 (5 ms) at reduced power



Axial sideband cooling with multiple stages

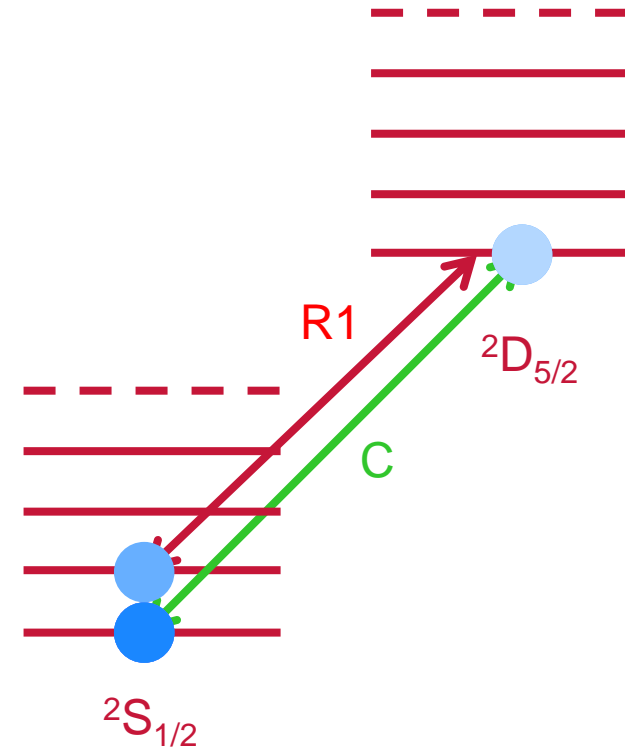
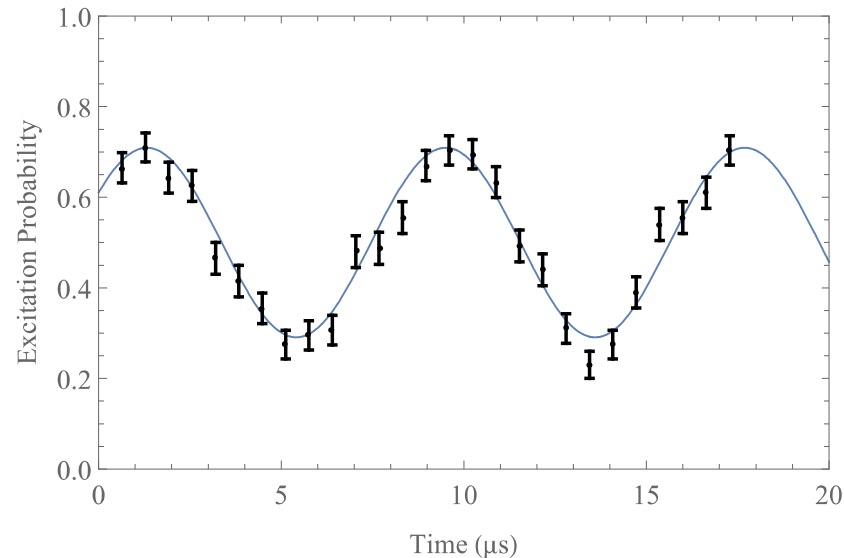


Cooling sequence is R1 (10ms), R2 (5ms), R1 (5ms, reduced power)
 $\langle n \rangle \sim (\text{R1 amplitude}) / (\text{B1 amplitude})$

Motional ground state occupation is $>98\%$; heating rate <1 phonon/s

Superpositions of motional states

- $\pi/2$ pulse on the carrier (C)
- π pulse on 1st red sideband (R1)
- Wait time T
- π pulse on 1st red sideband (R1)
- $\pi/2$ pulse on the carrier (C)
- Measure ground state population



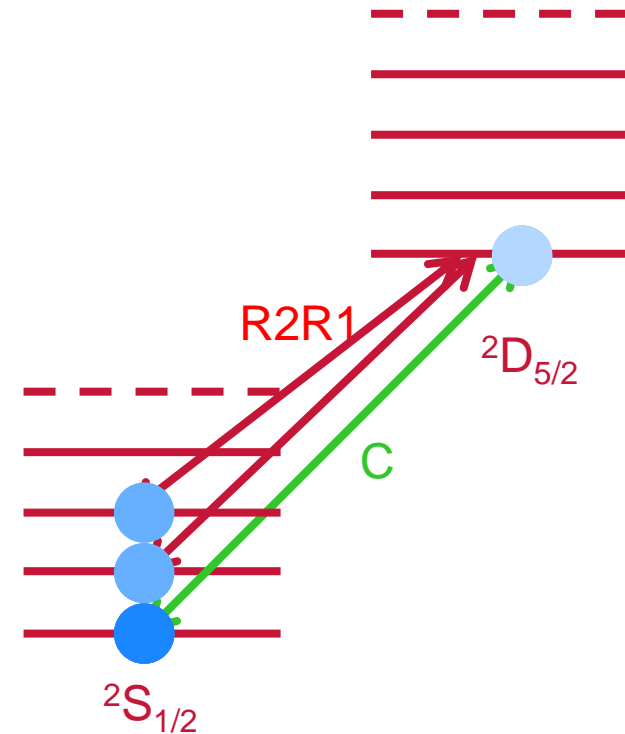
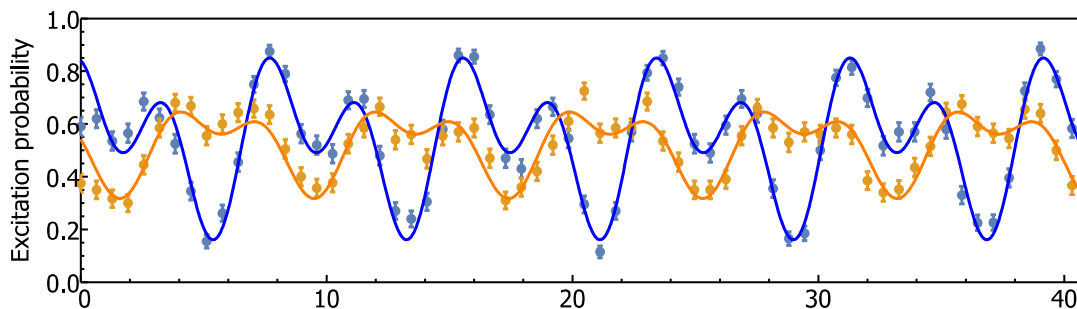
Motional Ramsey
fringes after 50ms
wait time

Motional coherence
times up to ~1s
observed

“Triple slit” using motional states

- “ $2/3 \pi$ ” pulse on the carrier (C)
- $\pi/2$ pulse on 1st red sideband (R1)
- π pulse on 2nd red sideband (R2)
- Wait time T
- Reverse the pulse sequence
- Measure ground state population

Motional interference fringes after wait times $T=0$ (blue) and $T=30\text{ms}$ (gold)



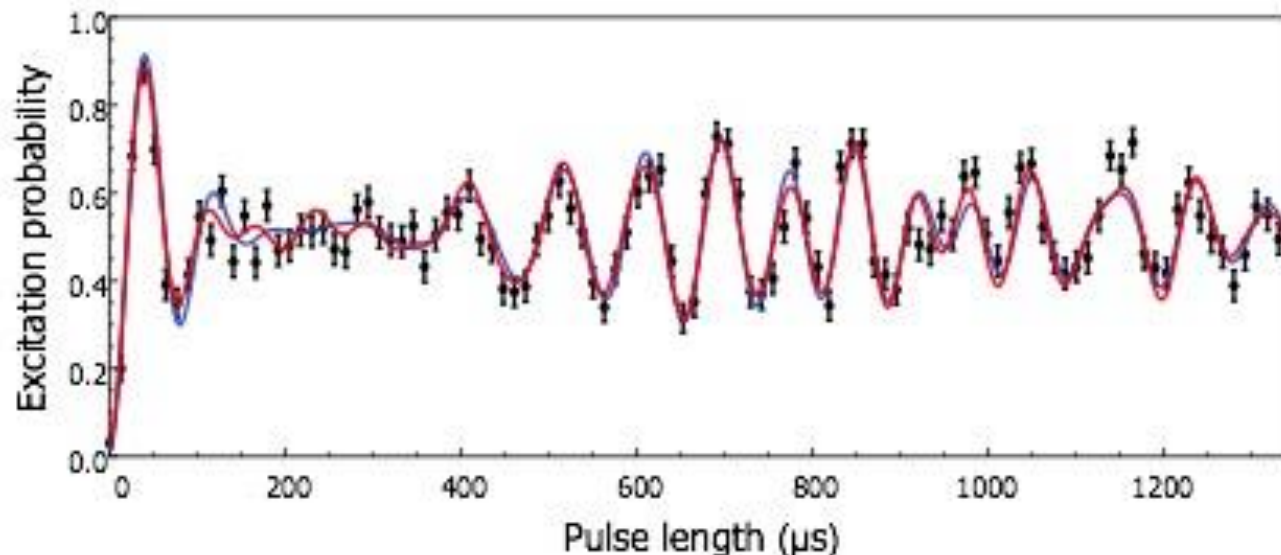
This is analogous to an optical triple slit and can be used to study higher order coherence (see Jake Lishman’s poster)

Bichromatic drive

- Simultaneous driving on the first Red and Blue sidebands (R1 and B1) is equivalent to the position operator $x \sim a + a^+$, generating after time t the displacement operator:

$$D(\alpha) = \exp(\alpha a - \alpha^* a^+) \text{ with } |\alpha| = \eta\Omega t/z_0$$

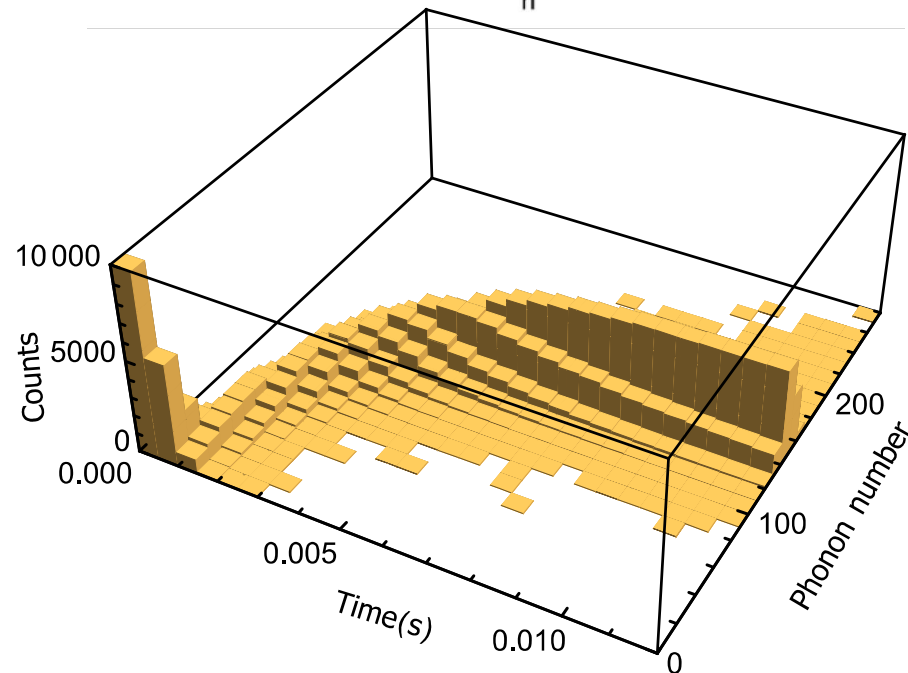
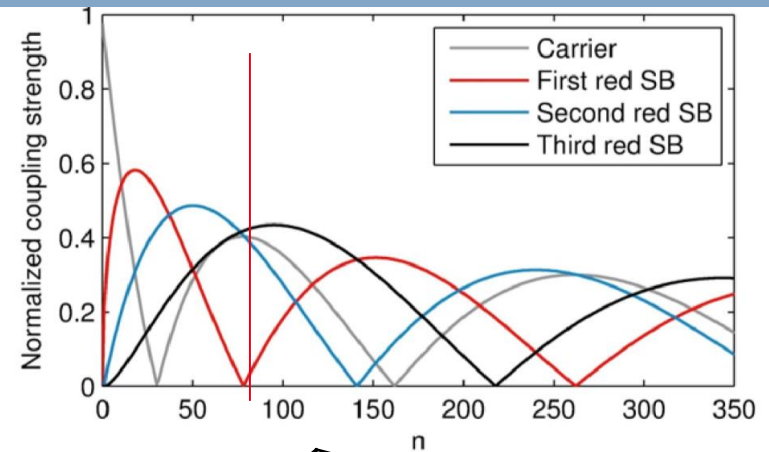
- So we can generate a coherent state using a bichromatic drive



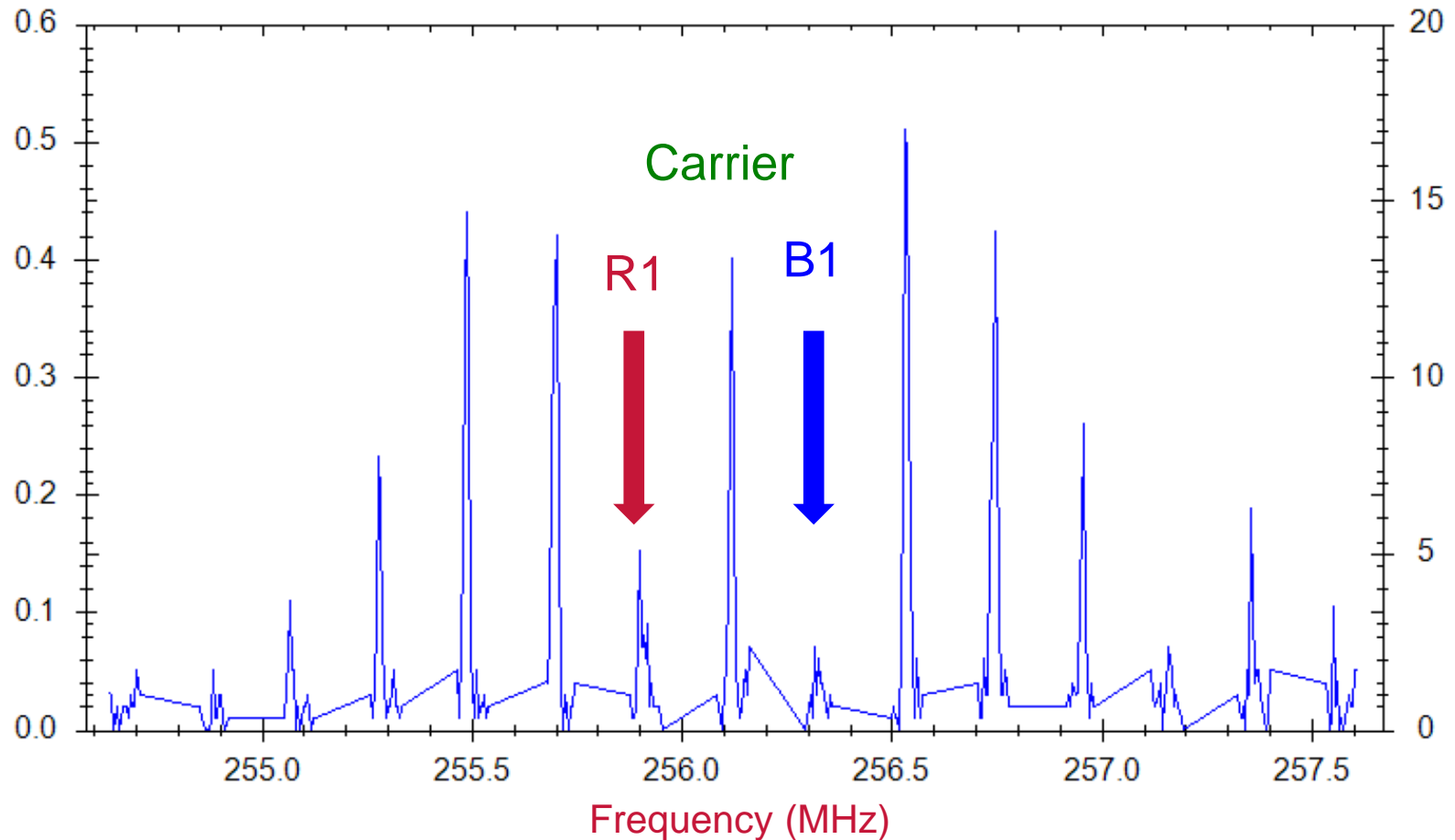
Rabi oscillations on B1 after a 150 μ s bichromatic pulse. The fitted value of α is 1.73

Sideband heating on the blue sideband

- Sideband cooling on R1 drives us towards $n=0$
- After cooling to the ground state, we can also drive the ion on B1 back towards *higher* n states
- This prepares an incoherent spread of population around the first minimum with $\Delta n \sim 10$
- After sideband heating the spectrum shows a distinctive minimum for first order sidebands



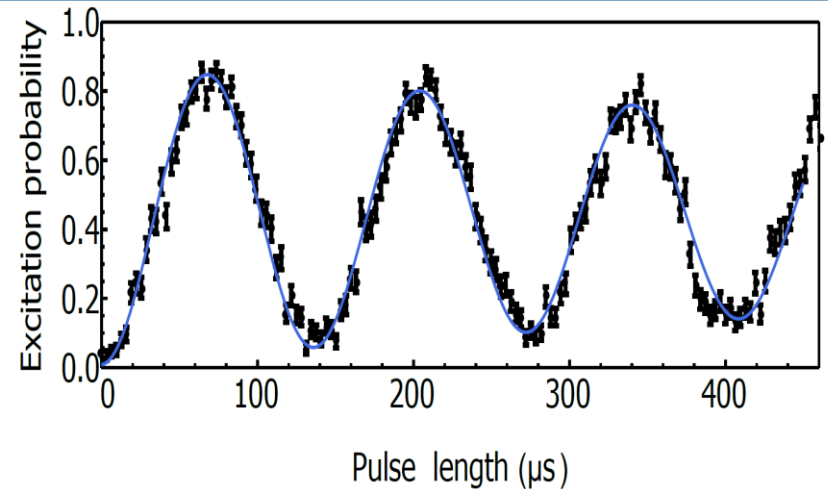
Spectrum of ions in the trapped state



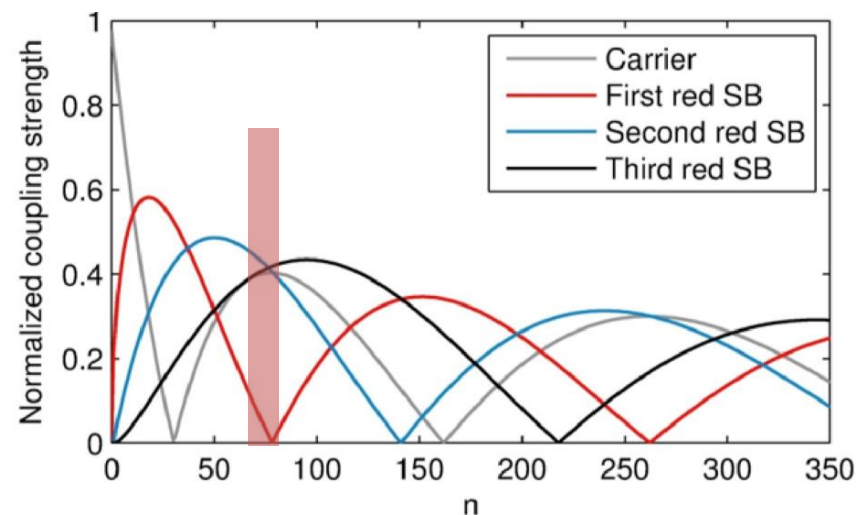
- Here we have driven the ion on B1 after sideband cooling in order to drive the population into the first minimum at $n=80$

Coherence in highly excited motional states

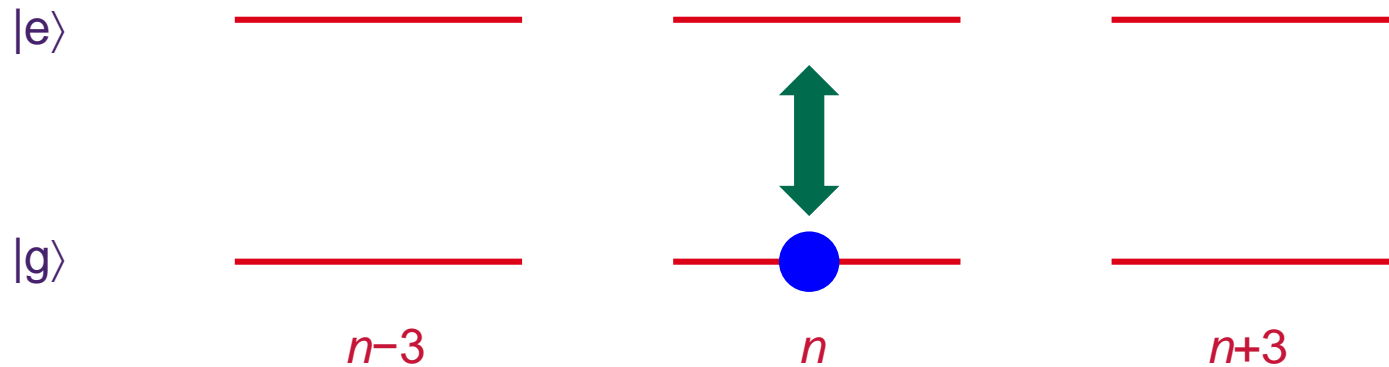
- After sideband heating the population is centred in a narrow range of n around a minimum
- The strengths of the other sidebands are often fairly constant across the distribution
- Therefore we see coherent behaviour
- We can study the optical and motional coherence for high n states by using $\pi/2$ pulses to create coherent superpositions of states
- The interference persists because the other sideband strengths are fairly constant across the range of n we populate



Rabi oscillations on 4th red sideband around $n=280$

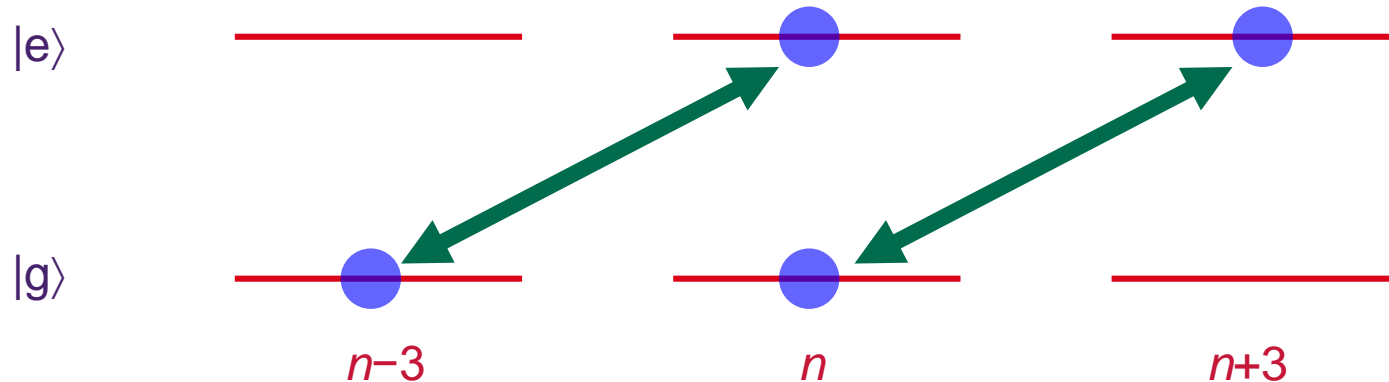


Preparation of superposition of high- n states



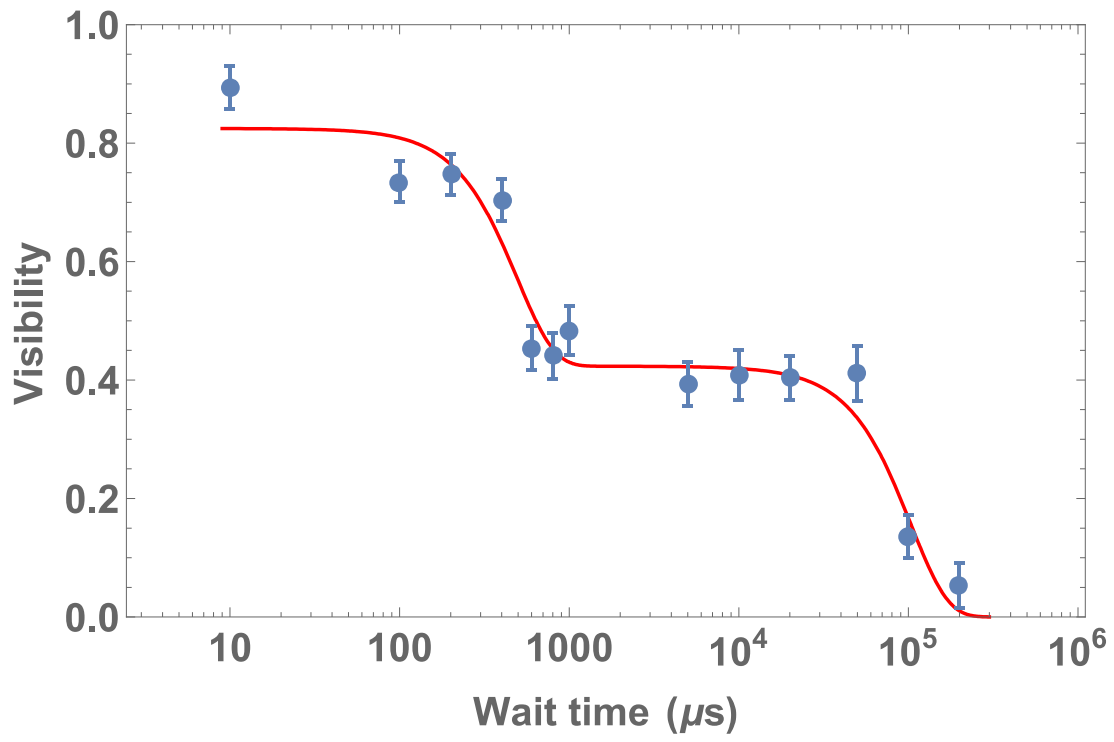
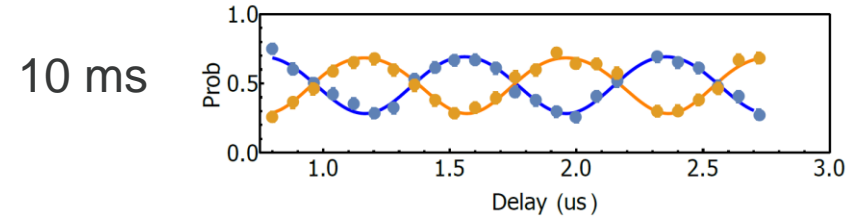
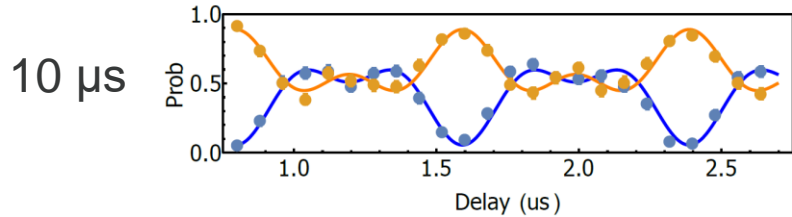
- A $\pi/2$ carrier pulse creates a coherent superposition of $|g, n\rangle$ and $|e, n\rangle$

Preparation of superposition of high- n states



- A $\pi/2$ carrier pulse creates a coherent superposition of $|g, n\rangle$ and $|e, n\rangle$
- A $\pi/2$ B3 pulse then creates a coherent superposition of $|g, n\rangle$, $|g, n-3\rangle$, $|e, n\rangle$ and $|e, n+3\rangle$
- Period of free evolution T
- Probe the coherence with a second pair of pulses on B3 and carrier (with variable phases)
- Measured interference is (nearly) independent of n

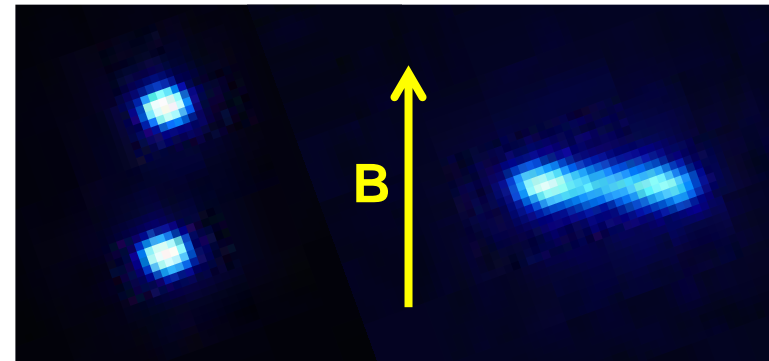
Coherence measurements



- At small T we see fringe visibility ~ 1
- After 1 ms the optical coherence is lost and the visibility drops to ~ 0.5
- Motional coherence is preserved out to ~ 100 ms for $\Delta n=3$

Sideband cooling of 2-ion crystals

- Two ions can arrange themselves along the axis or in the radial plane
- In each case there are two axial oscillation modes
- Axial crystal:
 - Centre of Mass at ω_z
 - Breathing Mode at $\sqrt{3} \omega_z$
- Radial crystal:
 - Centre of Mass at ω_z
 - Rocking between $\sqrt{(\omega_z^2 - \omega_1^2)}$ and ω_z depending on ion separation (where $\omega_1 = \sqrt{(\omega_c^2/4 - \omega_z^2/2)}$ is the effective radial trapping frequency)

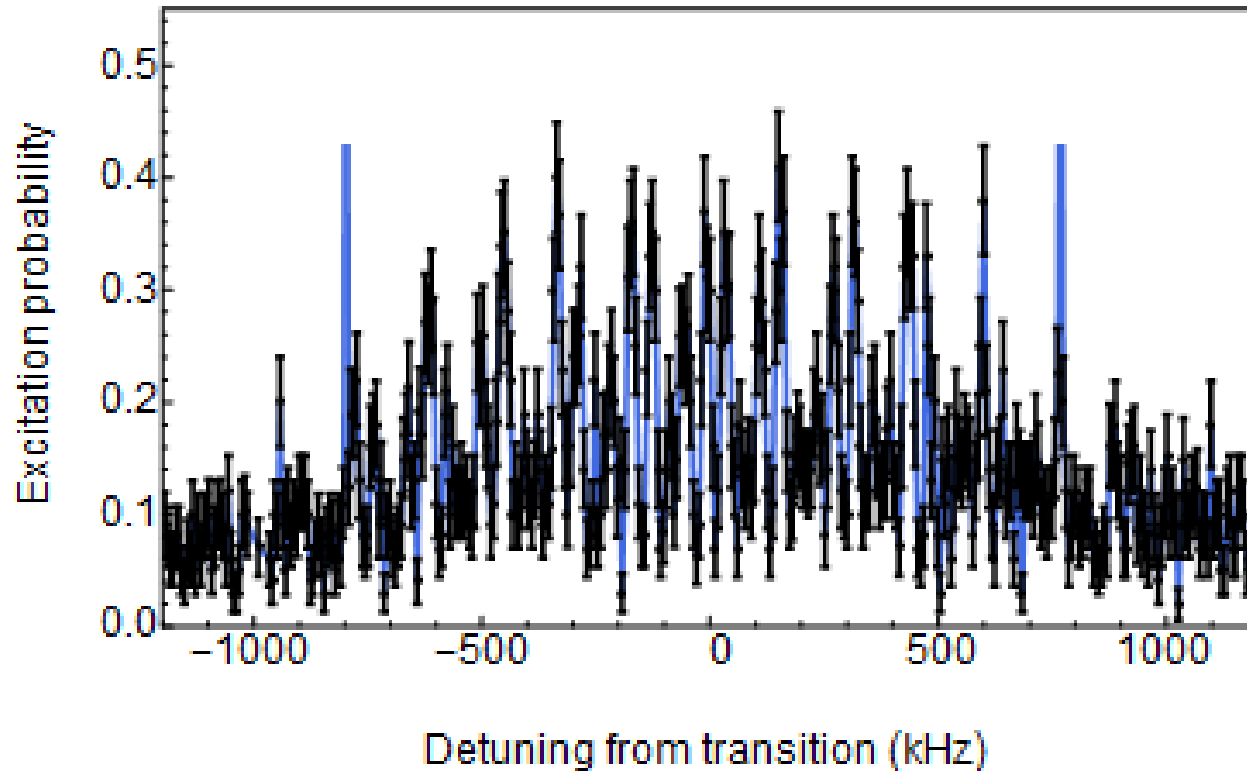


Axial
crystal

Radial
crystal

Note that the ions are imaged from the side and the radial crystal is rotating due to the magnetic field

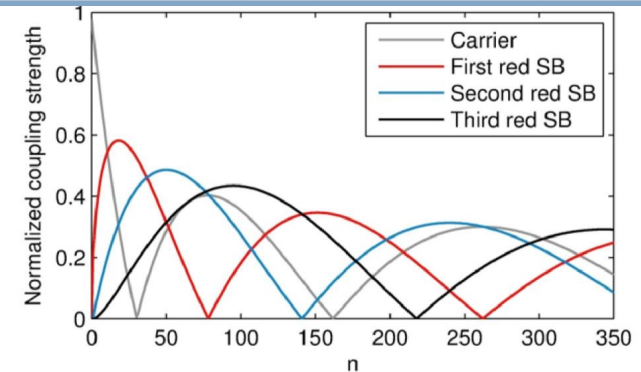
Two-ion axial crystal after Doppler cooling



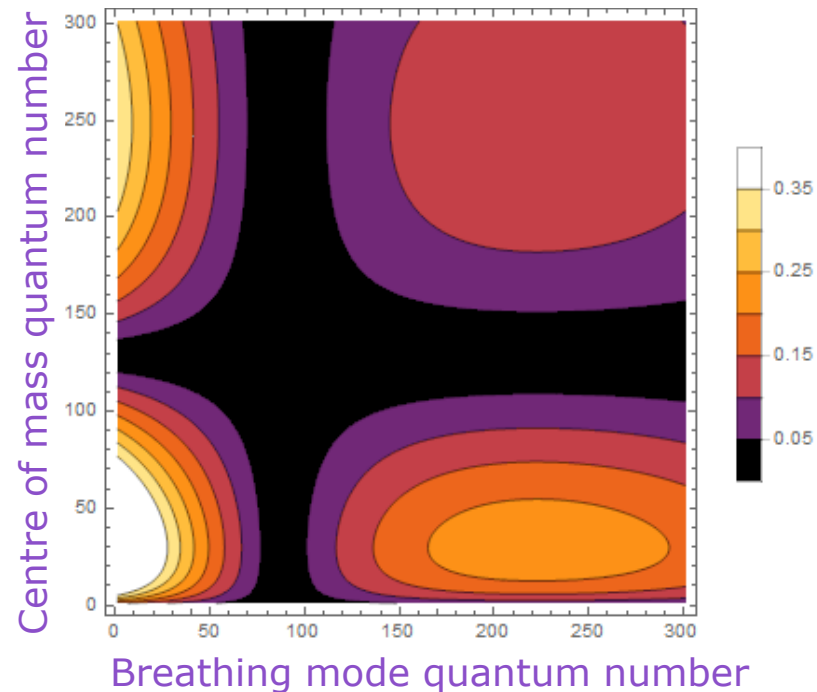
- The spectrum is complicated because each sideband of one motion has a complete set of sidebands due to the other motion
- The overall width corresponds to the Doppler limit of ~ 0.5 mK

Trapped motional states in 2D

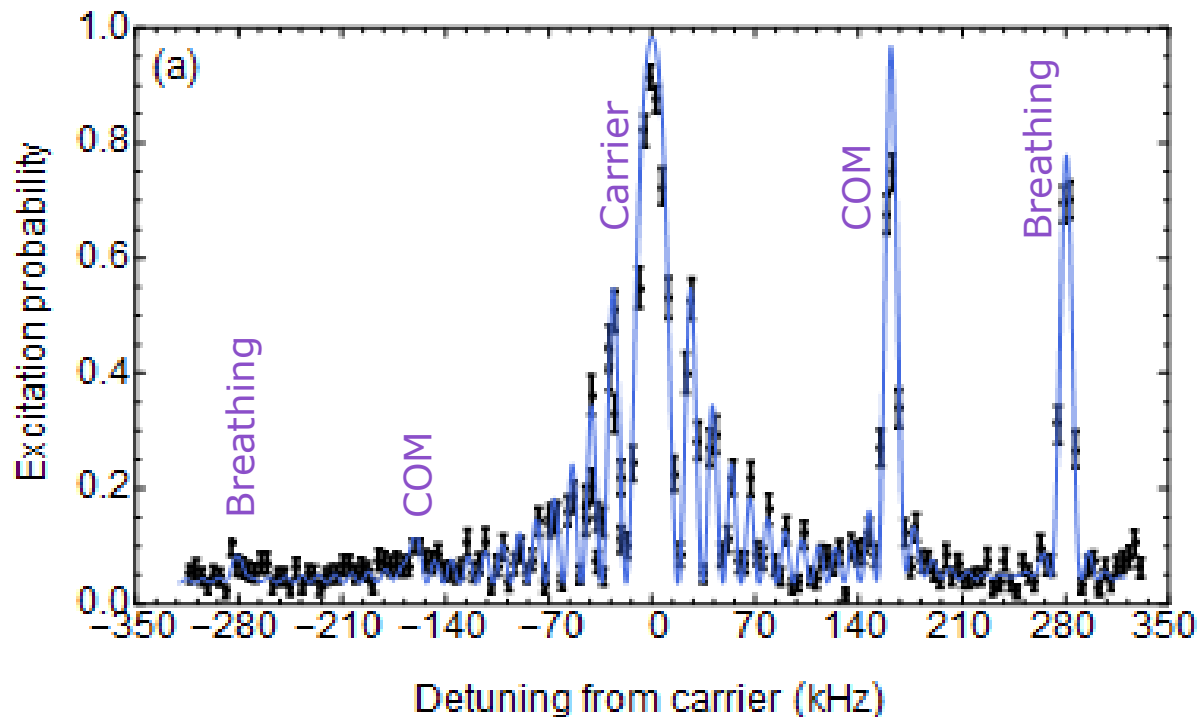
- There are two independent axial modes
 - The strength of each sideband depends on **both** quantum numbers
- We have to use a combination of several different sidebands of each motion
- But there are still regions that are never pumped by pure centre of mass sidebands **or** pure breathing mode sidebands
 - We have to use “sidebands of sidebands” in the cooling sequence



Amplitude of 1st Red sideband of COM

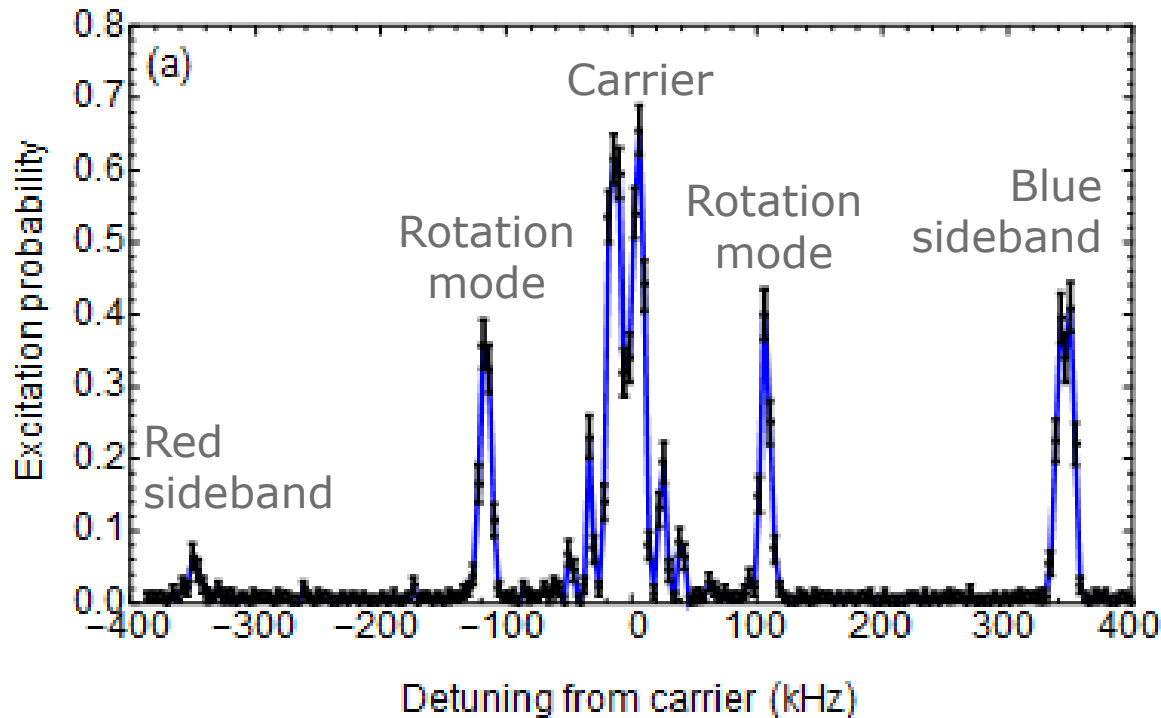


Sideband cooling of two ions in axial crystal



- We have cooled both modes of the two-ion axial crystal
 - COM at ω_z and breathing mode at $\sqrt{3} \omega_z$
- The final mean quantum numbers are $n_{\text{COM}}=0.3$ and $n_{\text{B}}=0.07$
 - Heating rates are also low

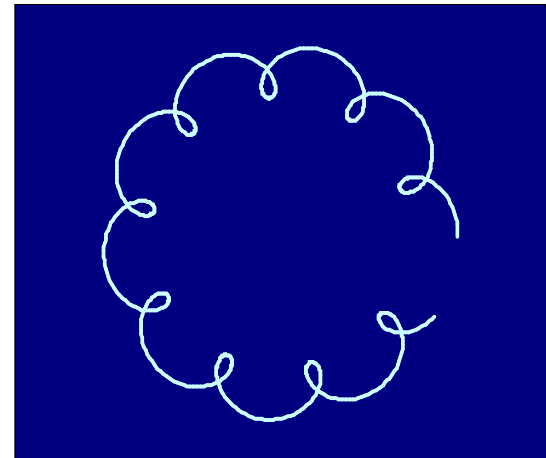
Axial sideband cooling of two-ion radial crystal



- The ions are both in the radial plane
- We see artifacts due to the rotational motion in the radial plane
- The two axial modes frequencies cannot be resolved in this plot
 - This makes the cooling process more straightforward as both cool together
- We also have cooling results for up to 10-ion radial crystals

Radial motion of a single ion

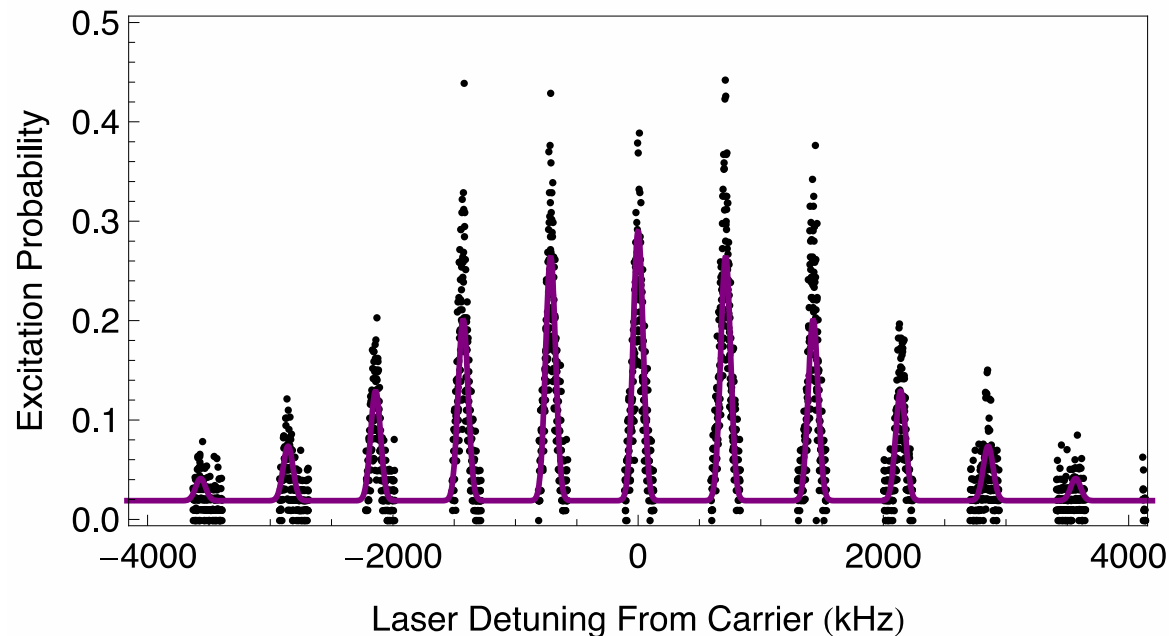
- The radial motion in the Penning trap has two modes
 - Cyclotron motion (fast) [700kHz]
 - Magnetron motion (slow) [10s of kHz]
- The sideband spectrum will show structure due to both motions
- We use the spectrum to measure the temperatures of the two modes directly from the velocity distribution



Radial motion in
the Penning trap

Radial spectrum at low potential

- The (fast) cyclotron motion gives rise to sidebands
- The ~ 4 MHz FWHM corresponds to a cyclotron temperature of ~ 7 mK
- Each cyclotron sideband has structure due to the magnetron motion
 - but individual sidebands are not resolved here



The narrow width of the magnetron structure demonstrates that its "temperature" is very low (~ 40 μ K)

See Mavadia et al
Phys. Rev. A **89**, 032502

Problems for radial cooling

- Need to cool two modes at the same time
 - We have gained experience of this with ion crystals
- The magnetron sidebands are unresolved
 - Increase trap voltage to raise magnetron frequency
- The magnetron energy is negative
 - Cool on the **blue** sidebands of magnetron motion, not **red**
- The initial quantum number of magnetron motion is very large (n up to 1000 in some cases after Doppler cooling)
 - Use the axialisation technique to couple to cyclotron motion

Axialisation

- This technique is used in the mass spectrometry field to couple the magnetron motion to the cyclotron motion for cooling
- We have adapted it for use with optical sideband cooling
- The ion is driven by an oscillating radial quadrupole field at $\omega_c = eB/M$

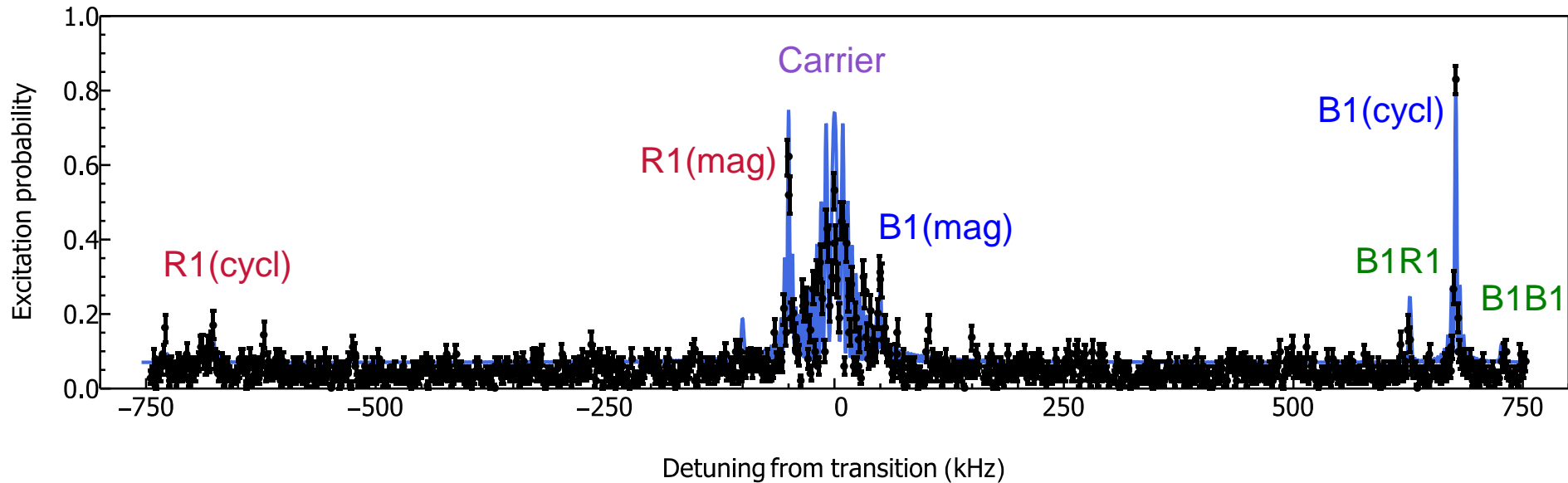
Classically:

The field creates a coupled oscillator system so there is a continuous transfer of energy between the two modes. Damping of both comes from the strong cyclotron cooling. Eventually $r_m \approx r_c$

Quantum mechanically:

The field drives transitions where $n_m = -1$ and $n_c = +1$. The Doppler cooling continuously drives n_c to lower values. Eventually $n_m \approx n_c$

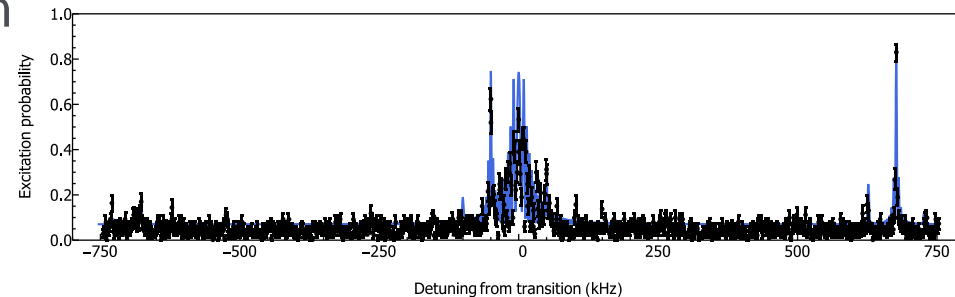
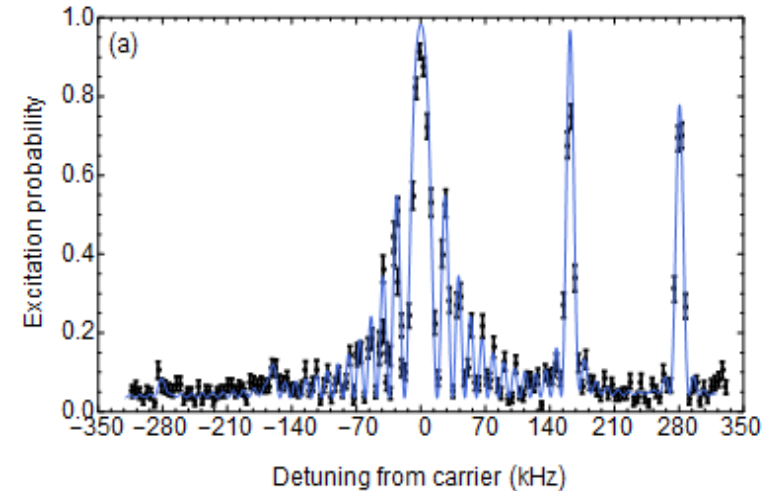
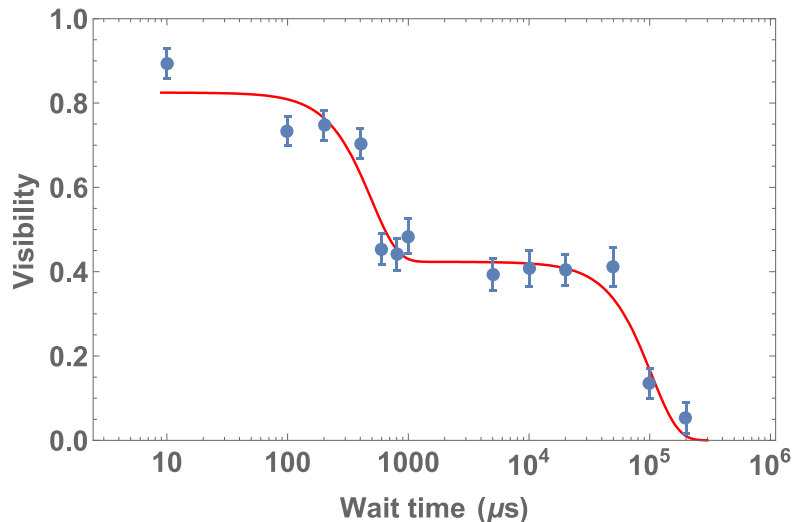
Sideband cooled radial spectrum



- The carrier is very strong to bring out the other sidebands
- The asymmetry in cyclotron sidebands indicates $n_c = 0.07 \pm 0.03$
- The (reversed) asymmetry in the magnetron sidebands indicates $n_m = 0.40 \pm 0.06$
- Weak second-order sidebands can also be seen

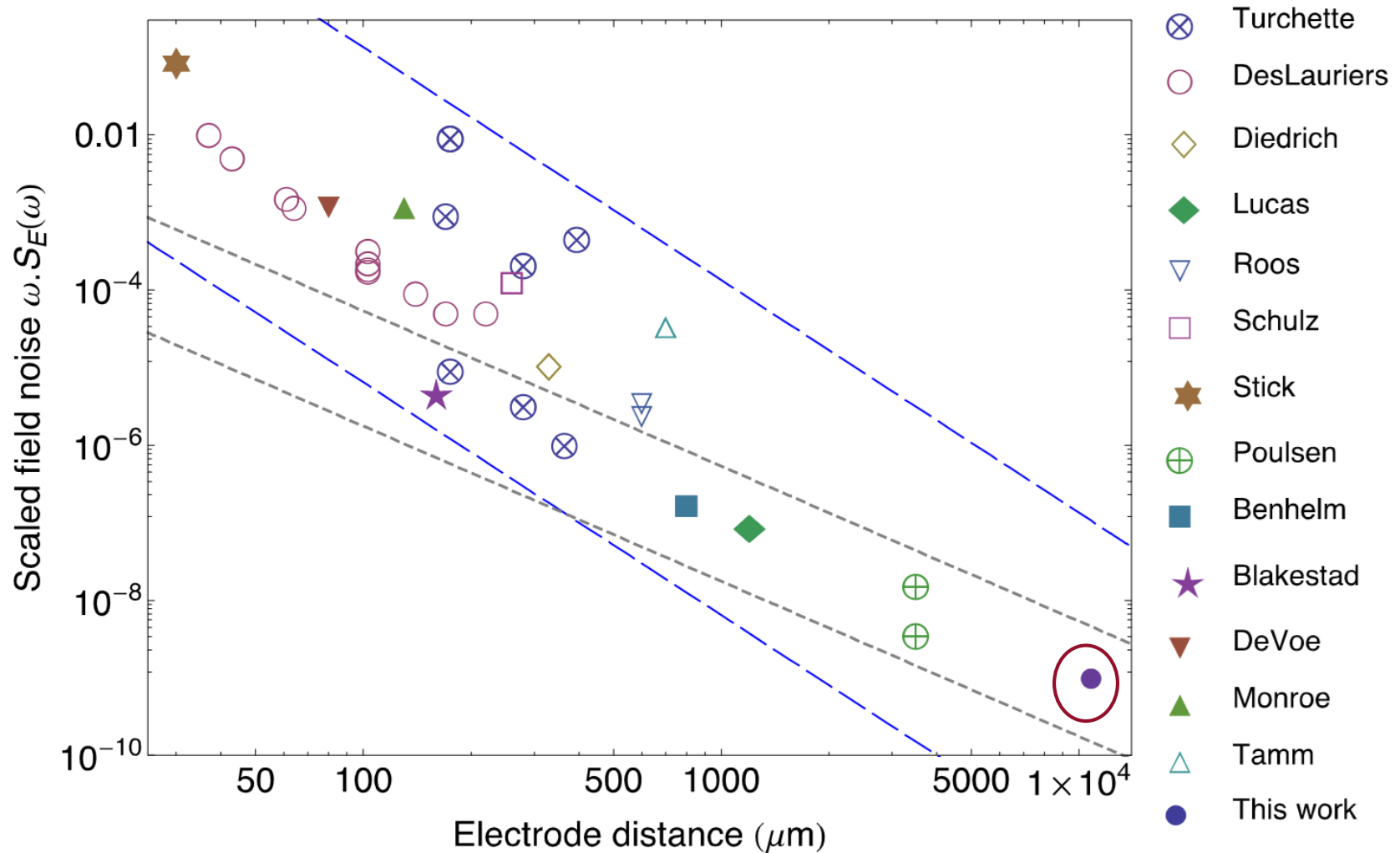
Summary

- We have cooled the axial motion of single ions and small Coulomb crystals to the ground state in a Penning trap
- Coherent processes can be observed even at high motional quantum numbers for single ions
- We have performed the first sideband cooling of the radial motion of an ion

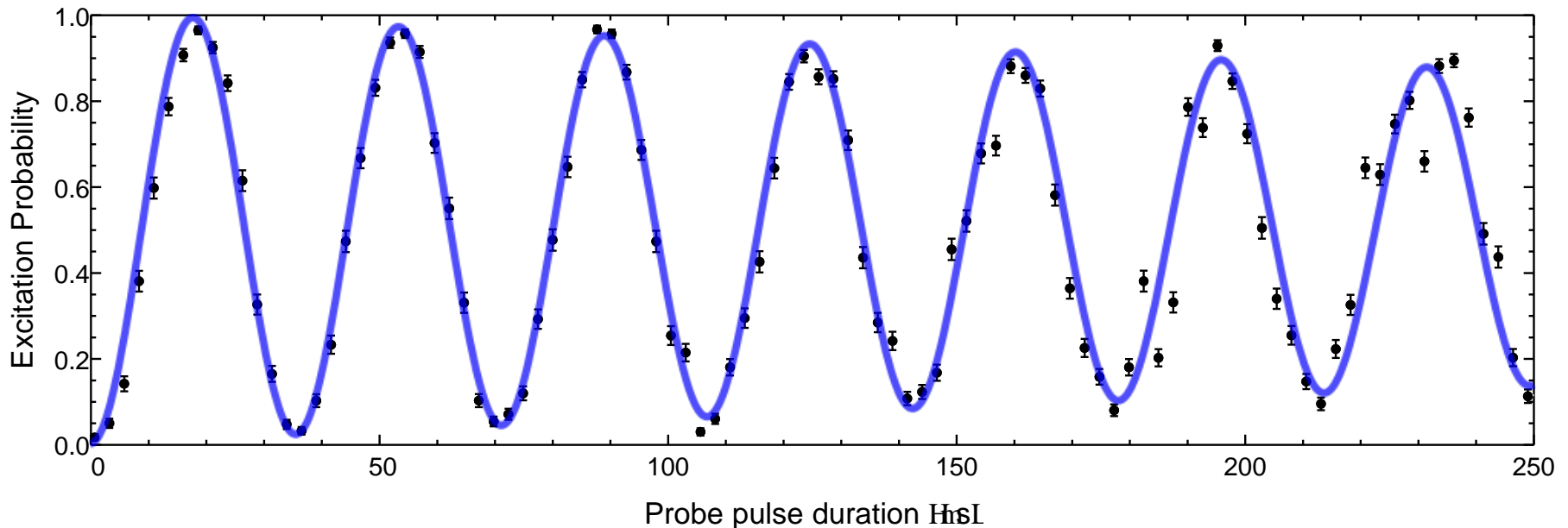


**Thank you for
your attention!**

Heating rate comparison



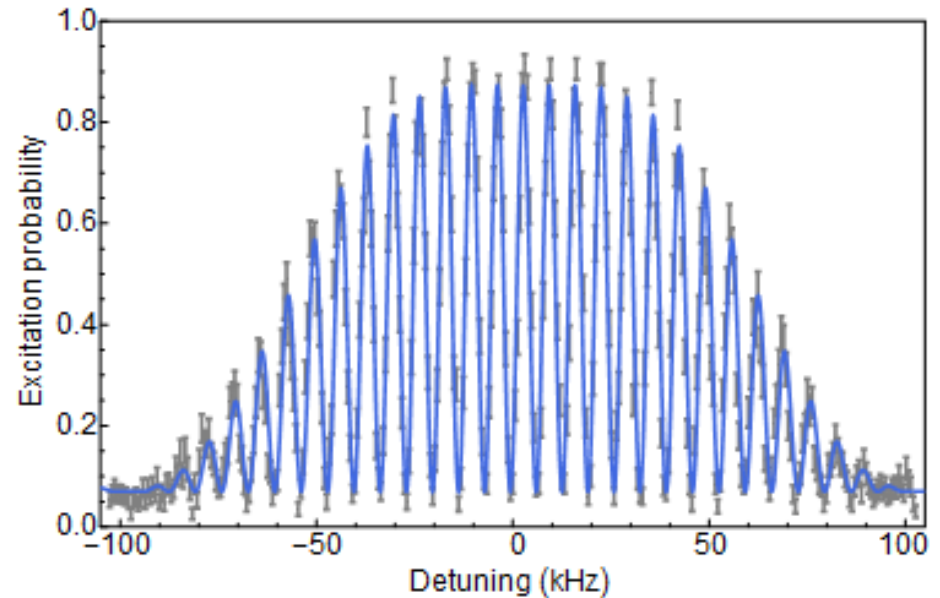
Rabi oscillations



- We can see Rabi oscillations for ground-state cooled ions
 - The carrier Rabi frequency is up to 60 kHz and the coherence time is ~ 0.8 ms
- Spin-echo techniques can be used to increase coherence time to a few ms

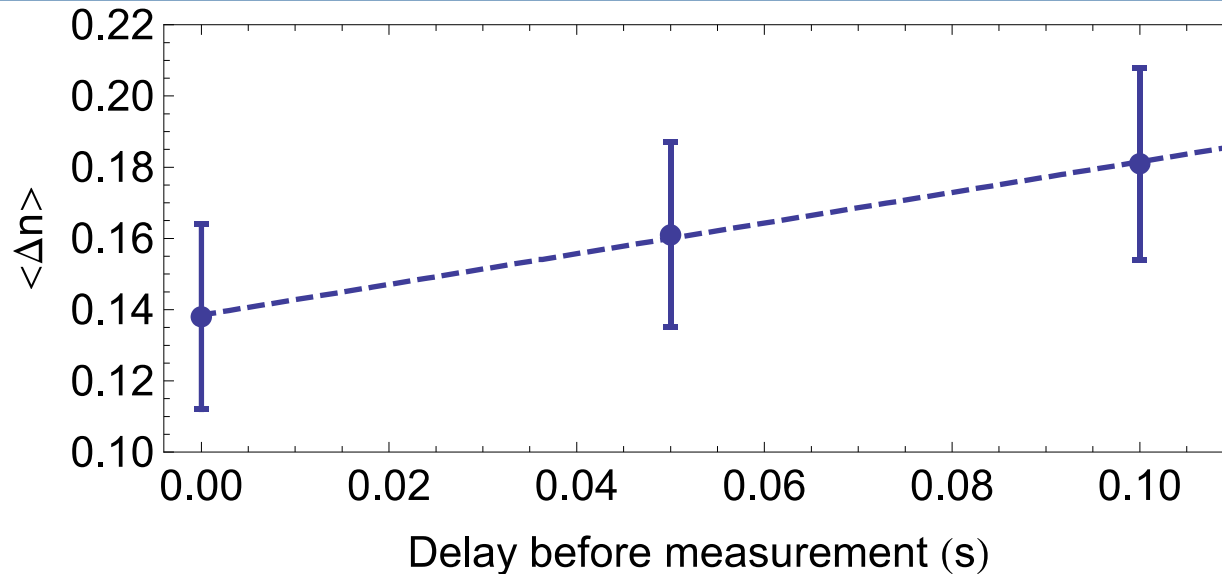
Ramsey interference with two-ion crystal

Ramsey interference pattern
after $140\mu\text{s}$ delay between two
 $\pi/2$ pulses



- The observation of Ramsey fringes confirms coherent behaviour of the system

Heating rate results

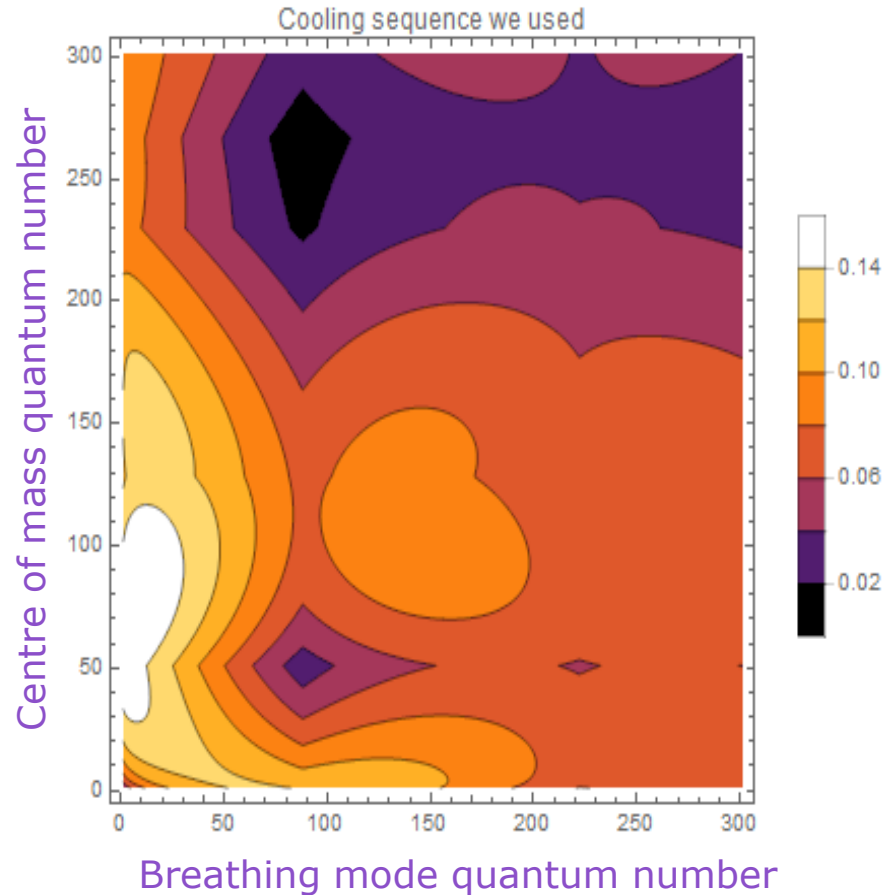


This heating rate was taken at an axial frequency of 200 kHz

- The heating rate averages at around **0.4 phonons/second** and is roughly independent of frequency
 - Probably limited by technical noise
- The heating rate is expected to be low because
 - The trap is very large (radius 10 mm)
 - The trapping fields are static and there is no micromotion

Cooling effect of the sequence of sidebands

- This shows the combined effect of a sequence of 5 different sidebands including one “sideband of a sideband”
- Every region of the plane is now addressed by at least one of the sidebands effectively
- We cycle through this sequence of sidebands many times to complete the cooling process



Proportion of population above minimum

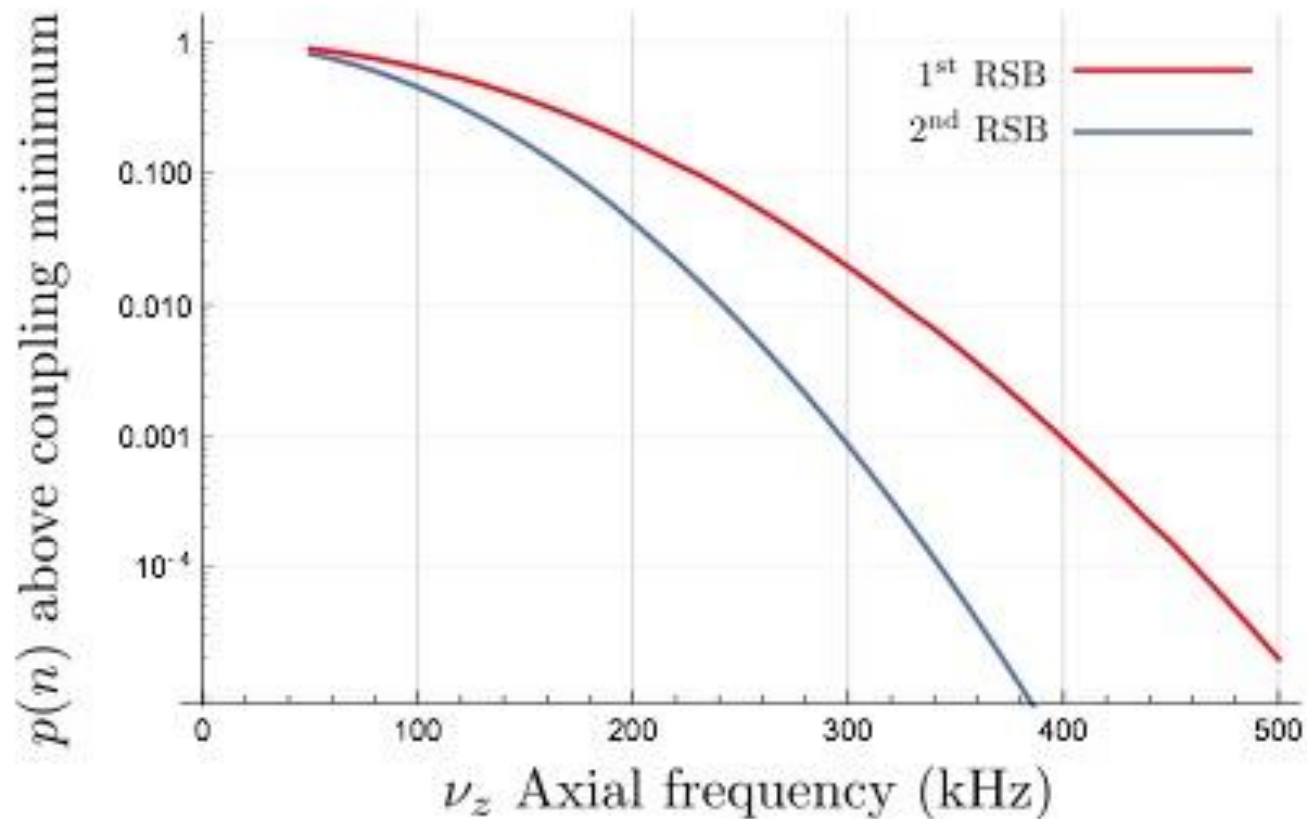
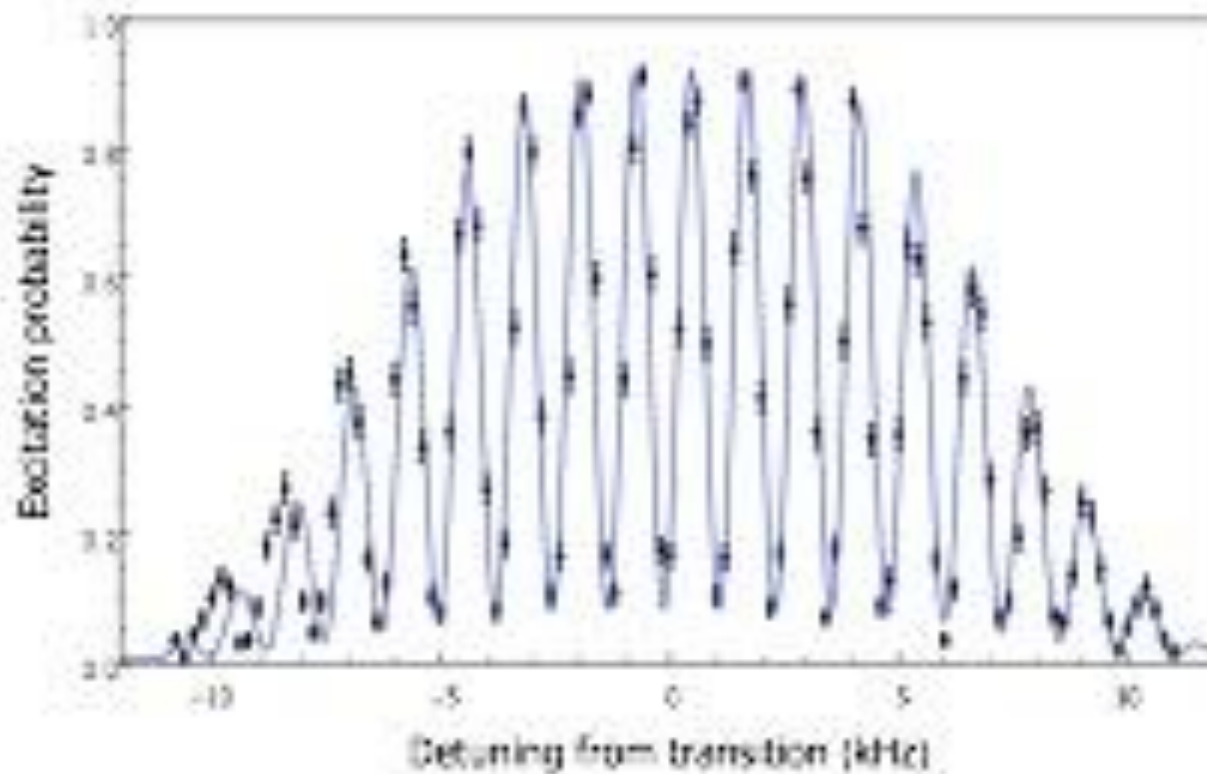


Figure 6.4: Plot showing fraction of population at the Doppler limit that lies above the the lowest coupling minima of the first two red sidebands as a function of the trapping frequency.

Ramsey fringes



$$T_w = 700\mu\text{s} , \Omega_0/2\pi = 3.2 \text{ kHz}$$