

CLINICAL PATHWAY GUIDANCE

Following the analysis of the Patient Questionnaire & Bladder Diary, you may want to consider the following recommendations:

Education & behaviour change

- **Counselling** on prognosis
- Provide your patient with **fluid & diet advice**

Health review

- **Hypertension, diabetes, kidney disease, alcohol**

Drug review

- Assess **salt/sugar effects**

Revised diagnosis

- Consider **known or new diagnosis for condition specific therapy**: sleep / endocrine / neurological / cardiovascular / renal / urological

Medication

- Consider **desmopressin**

Referrals

- Consider **referral to a specialist as per local guidelines for the causative condition**: cardiovascular / endocrine / neurological / renal / sleep / urological