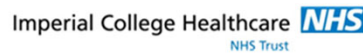# My journey
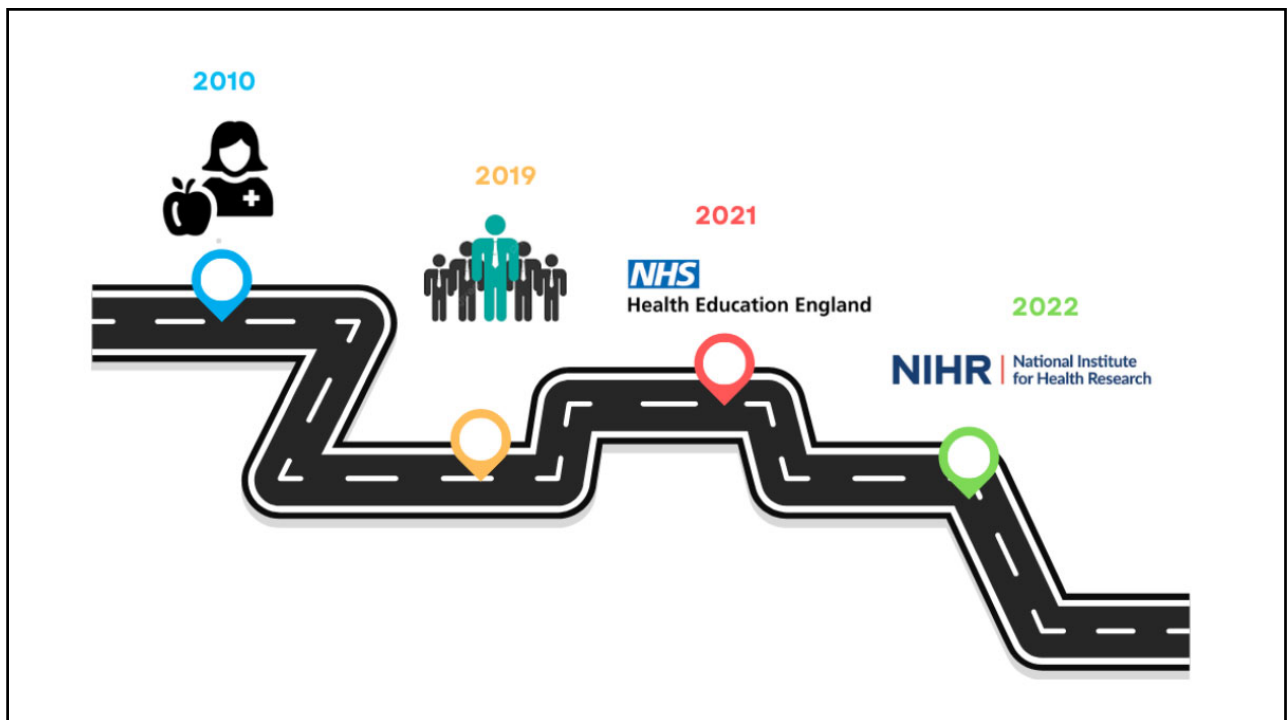
Kelly Wade-Mcbane

HEE/NIHR Pre-doctoral Clinical and Practitioner Academic Fellow

k.wade-mcbane@nhs.net

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Imperial College Healthcare **NHS**
NHS Trust

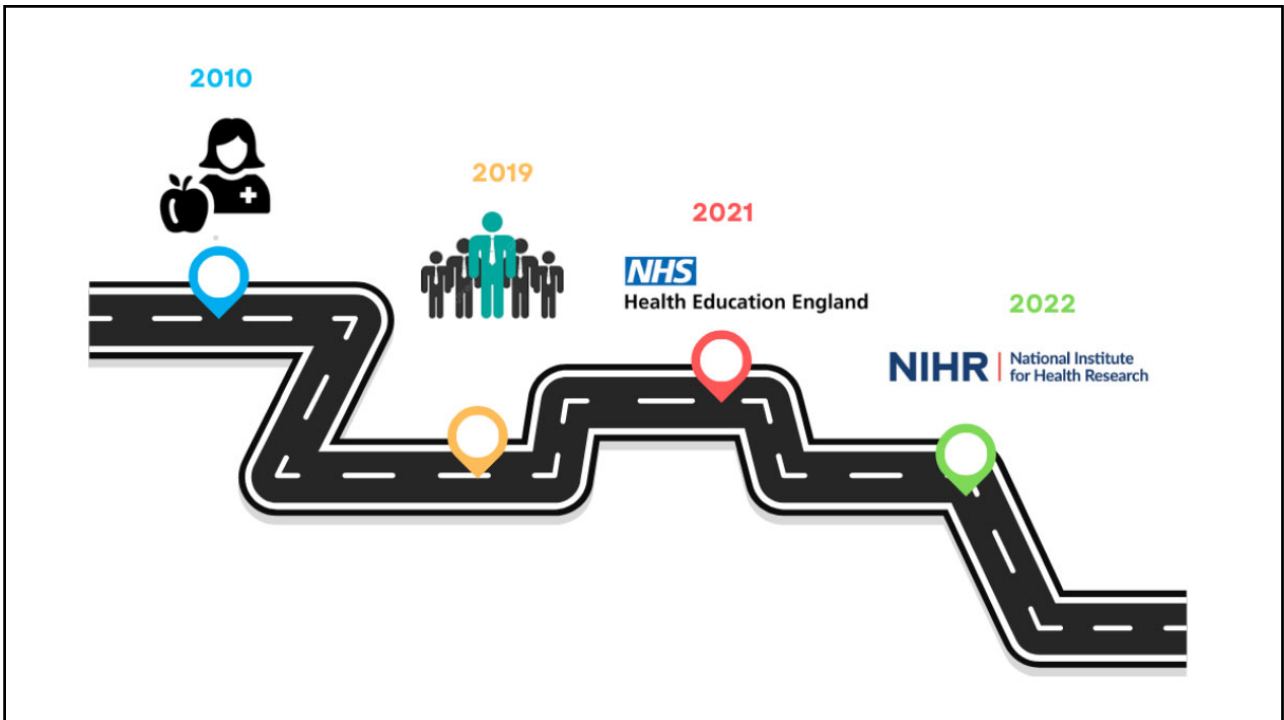**Imperial College**
London

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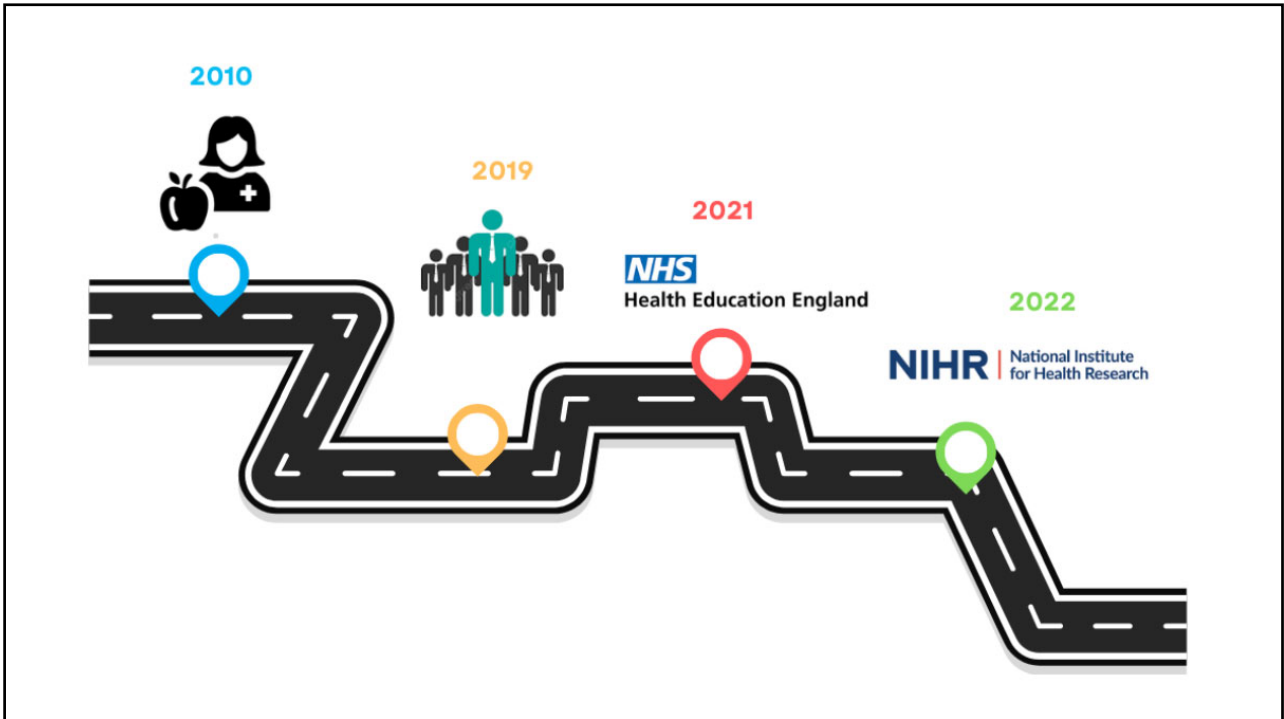---

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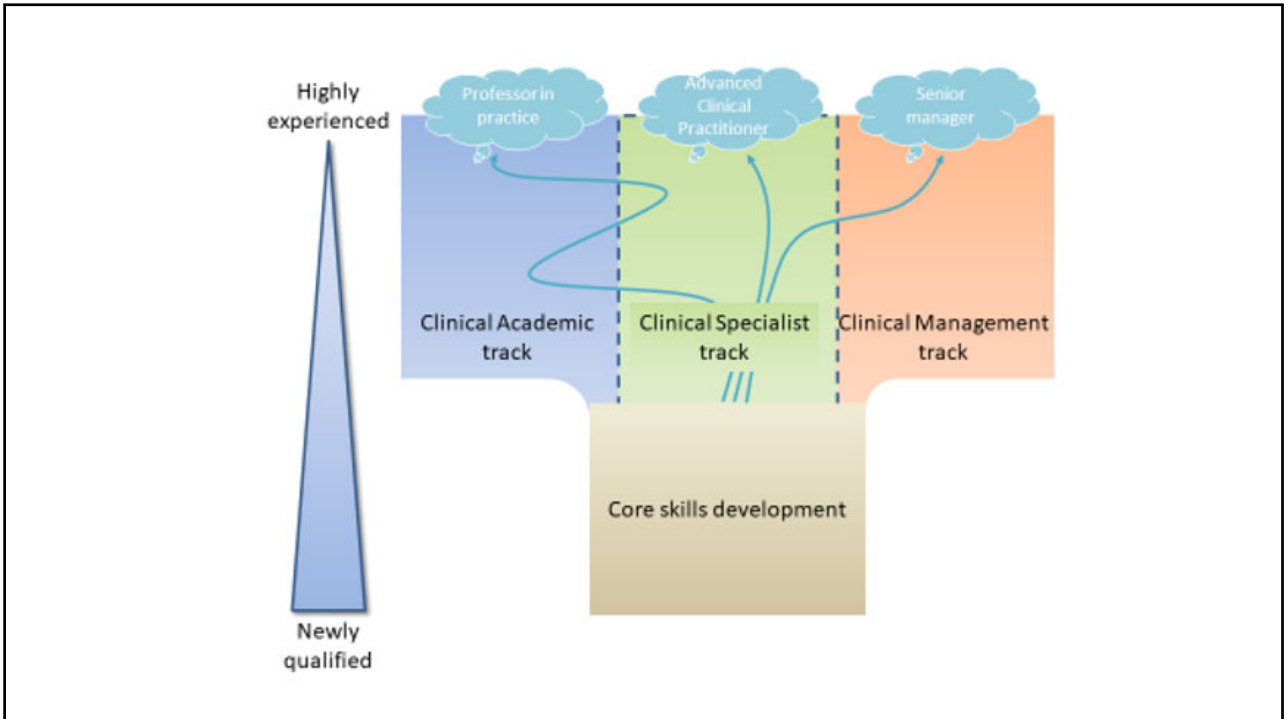
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KEY OUTPUTS

- To propose a sustainable prehabilitation model for non-surgical cancer patients being treated at ICHNT
- To complete a service evaluation including a cost-benefit analysis for the model which could be used to support business cases
- To develop an AHP skills and competency framework for non-surgical cancer prehab
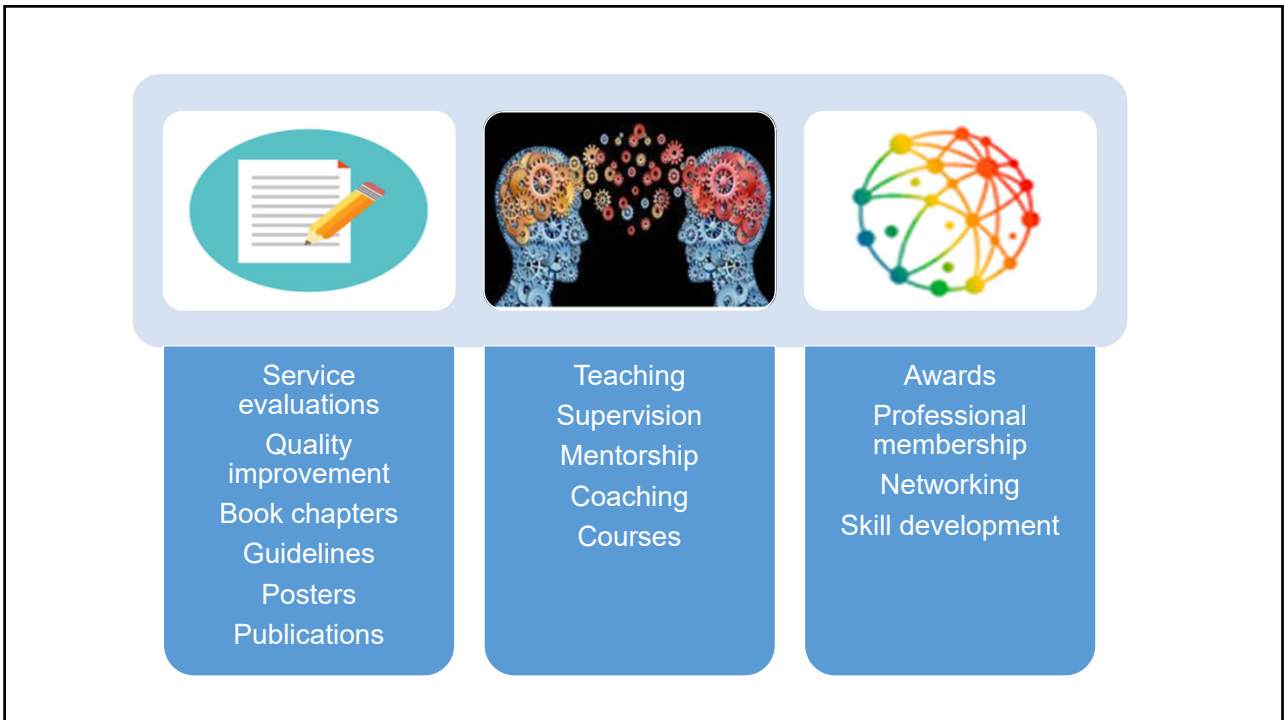- To submit an article for publication

PERSON SPECIFICATION

- Experience in working with patients with a cancer diagnosis
- Ability to independently maintain a clinical caseload
- Ability to work in an unpredictable and changing environment
- Ability to manage own time effectively, meet deadlines and prioritise competing demands
- Experience of successfully planning, managing, delivering service improvement
- Good knowledge of MS Office applications
- Skilled communicator
- Provide and receive sensitive information to a wide range of differing groups, anticipating and addressing barriers to communication
- Good collaborator
- Ability to analyse and problem solve complex clinical and non-clinical issues

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Personal reflections

Skill development

Clinical practice

Networking

Supervision

Resilience

Conference presentations

Publications

Budgeting

Pharma

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Personal reflections

Adaptation

Imposter syndrome

Recruitment
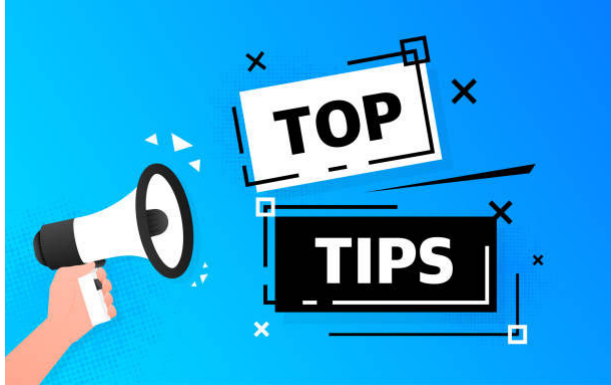
12

- Do it!
- It's not all about publications
- Start early
- Speak to colleagues
- Supervisory support is key
- Develop your skills – use the research training framework and attend library workshops

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Thank you for listening

Any questions