

# USEFUL COVID-19 RESOURCES FOR PEOPLE LIVING WITH HIV



## Advice and support

- **Positively UK** - provide remote peer support
- **Body & Soul** - "Share the Love" campaign during COVID-19 includes crisis counselling for NHS staff
- **Naz** - BAME-led sexual health agency with information on services available during COVID-19
- **cliniQ** - services for all trans people, partners and friends, including a list of resources during COVID-19
- **CHIVA** - support for children, young people and their families living with HIV
- **HIV Scotland** - advice for people living with HIV in Scotland during COVID-19, including a coronavirus helpline (Monday-Friday, 10am-6pm)
- **UK-CAB** - network for community HIV treatment advocates
- **National AIDS Trust** - includes advice on shielding, workers' rights and other resources
- **PrEPster** - advice for people using PrEP, including COVID-19 'tips and tricks'
- **Terrence Higgins Trust** - blogpost with FAQ on HIV and COVID-19

## News and clinical guidelines

- **British HIV Association** - latest guidelines by the leading national advisory body on HIV care
- **NAM Aidsmap** - latest news on HIV and COVID-19
- **HIV i-Base** - HIV treatment information and advocacy including specific content on COVID-19



# Health and travel guidance

- [World Health Organization](#) - for answers to most frequently asked questions about COVID-19
- [NHS.UK](#) - for information about the virus and how to protect yourself
- [GOV.UK](#) - for the latest information about the situation in the UK and what to do if you think you're at risk

## Other support

- [Every Mind Matters](#) - tips and advice on mental health (including coronavirus and wellbeing)
- [Mind](#) - charity providing advice and support on mental health (including coronavirus and wellbeing)
- Supermarkets and other community offers for those who are vulnerable e.g. [food boxes](#), support from the [NHS Volunteer Responders Programme](#) as well as from [COVID-19 mutual aid groups](#)



You can also **speak with your GP** who can direct you to the appropriate service for you if you would like further mental health support.

*Please note that Imperial College London does not directly endorse any particular service.*