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	NHS Trust	

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#### CONSENT FORM

	I have read and understood the leaflet about the 'Follow My Footsteps' course, and have had an opportunity to discuss the project with the course administrator.
	I am happy to participate in the 'Follow My Footsteps' course and for my contact details to be passed to the Faculty of Medicine, Imperial College London.
	I understand that my GP will be informed of my participation in Follow My Footsteps, and I am happy for the medical students who visit me to discuss any health issues with my GP and/or Health Visitor, and see my medical records.
	I understand that if the students make any audio or video recordings of my child, then these will be used for the purpose of training healthcare professionals, will be treated with strict confidentiality and that Imperial College London will restrict access to the material only to authorised viewers in accordance with General Medical Council guidance.
	I understand that I do not have to speak with the students if I don't want to, and that this will not have any effect on my clinical care.
Signed	
Date	
Witness	

If you develop a good rapport with the students they may request to visit you more frequently and you are welcome to do this if you wish or refuse if you do not wish to do this.

#### What can I do if there are problems?

We expect and hope that you will enjoy helping with this part of student training, however if there are any problems or you have any questions, please contact the course administrator: -

#### Jen Haley

email: j.haley@imperial.ac.uk, Telephone: 0207 594 3985

You are free to withdraw from 'Follow My Footsteps' at any time, and this will not affect your medical care in any way. This will also not affect the students' examination marks.

To find out more, please contact Jen, Programme Administrator,

Email: j.haley@imperial.ac.uk or **Tel**: 0207 594 3985

or go to www.imperial.ac.uk/ medicine/study/undergraduate/followmy-footsteps



London

Imperial College Healthcare MHS

Imperial College Faculty of Medicine **Undergraduate Medicine Office** 



...and help to train the next generation of doctors.

We are looking for Expectant Mums who are having their babies between February and April to take part in this programme.



### What is the Follow My Footsteps?

The Follow My Footsteps course is an opportunity for medical students to learn how families adapt to the changes that children bring to their lives and to assess a child's development.

## Why do we need your family's help?

Whilst much of medical student training is based in hospitals we think it is important that students meet families in their own homes and their own communities.

Being a good doctor involves treating people as individuals, and understanding their particular needs. We want students to learn about the different ways in which families raise their children, and the different needs which families have from the healthcare service. We want students to visit a family over a period of change for that family, so they can develop the skills to care for the same patients with varying problems over time.

# What will Follow My Footsteps involve?

Your contact details will be given to a pair of medical students by the course administrator at Imperial College London. Before they initially make contact with you we will contact you with their names. The students should have Imperial College London identification badges with them when they come to visit you.

They will visit you before and then after the birth of your baby, and then **twice each year** for a further 2 years. Visits will usually take place at your home, at **a time that is convenient for you**. As you get to know each other, we hope that the students will appreciate the challenges you face in caring for your children. If possible, students will gain a lot from attending a baby clinic or GP surgery with you. Students may ask permission to speak to your GP or Health Visitor.

During the course we may ask you to complete a brief questionnaire about your students' behaviour and attitudes during the visits and your views on the course. This will enable us to assess how professional the students have been and how well prepared they are for becoming doctors.

Students will also discuss your family with tutors at Imperial College London and with their fellow students in seminars. At some visits the students may request your permission to make a brief audio or video clip of your child, to show to their tutor group.

Naturally, anything you say to the students, any recordings, and the discussions which they have with their tutors and fellow students are presented without personal details such as name, address, date of birth, and are treated as confidential.

# What sort of things will the students want to know?

Anything and everything you can tell them about the care and development of your child will be of interest. They will also be interested in your experience of the health services, and in the environmental influences on you and your child's health such as your living circumstances and social and family support.

We want students to learn about the different influences on young children and how they affect a child's health throughout life. We also want them to appreciate the other sources of support and help that you have.

At some visits the students will make measurements and assessments of your child, (nothing intrusive or uncomfortable). If they have concerns about their findings they will discuss these with a children's specialist at Imperial College London who will feed back any advice to you or your GP as appropriate.

#### **PTO**



## My Details

Name:
Date of Birth:
Address:
Telephone:
Email:
Expected Date of Delivery:
My Extra Contacts:
Relative Name:
Relative Telephone:
Relative Email:
Friend Name:
Friend Telephone:
Friend Email:
GP Name:
GP Surgery: