

# Health Equity as a Marmot Trust

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**What do you think is the most important part of an NHS Trust's Health Equity strategy?**

- a. Clear leadership and board buy-in
- b. Being integrated in the wider context of the Trust and system
- c. Patient and carer centred with a strong focus on participation and co design
- d. Underpinned by data
- e. Realistic with well-defined implementation plans

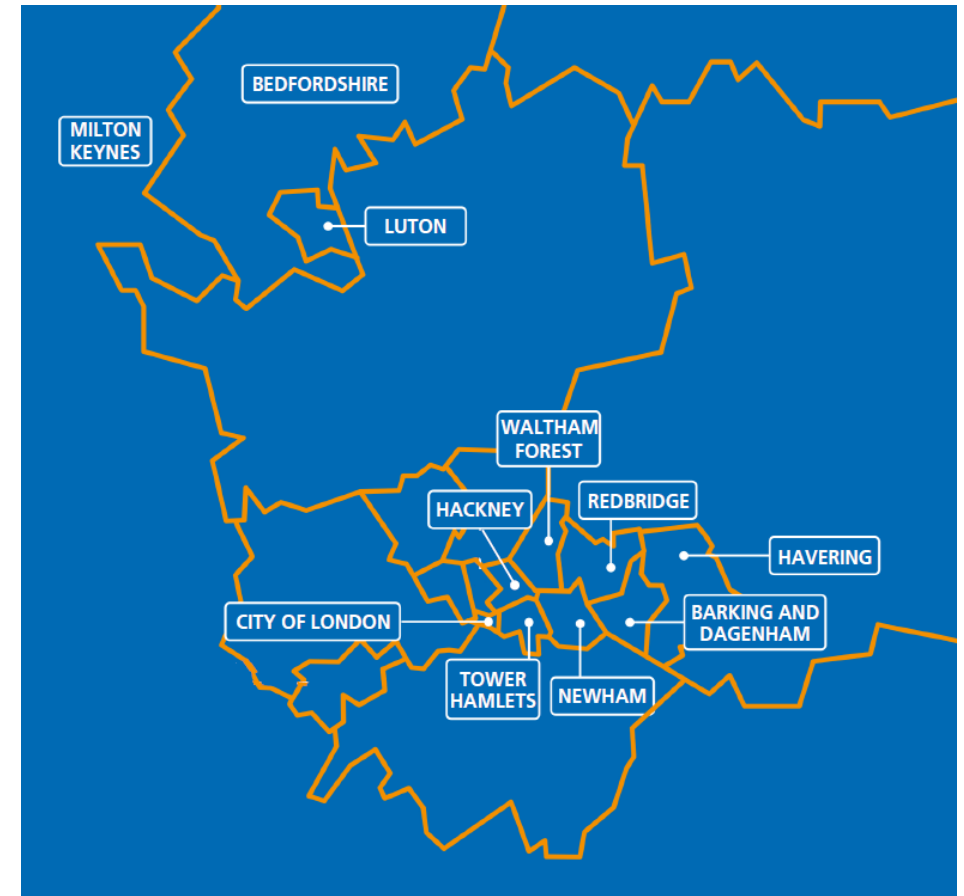
Provides mental health, community health, primary care & specialist services for approx 2 million population including East London and Luton and Bedfordshire.

These areas include some of England's most deprived communities.

Example: Child poverty rate (After Housing Costs)\*:

- Tower Hamlets – 48%
- Newham – 44%
- Hackney – 43%
- Luton – 39.4%

They also include some of the **most culturally diverse** parts of the country.



# Three perspectives on health equity in practice

In 2024/25 we've been focusing on **three** population health priority areas:

- a) Physical health support
- a) Employment support
- a) Income maximisation

Different aspects of these priority areas will be shared as we give three perspectives about health equity in practice, from a service user, carer and member of staff.

1. What does Health Equity as a Marmot Trust mean to me?
2. Where do I see this work in practice?
3. What are the challenges?



**We care**  
**We respect**  
**We are inclusive**



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# Where do I see this work in practice?

- Resource allocation
- Employment support
- Piloting the Trieste model



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# What are the challenges?

- Internal politics and bureaucracy
- Resource constraints



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# Health Equity as a Marmot Trust



We have **integrated the Marmot Principles** into our 5-year **Trust Strategy**.



The Marmot Trust approach has brought a **stronger focus on place-based partnership working**.



The ELFT **Quality Improvement approach** helps **optimise project delivery**.



**Involving service users** is a key strength at ELFT that both informs and supports the delivery of this work.



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Ask about the  
#ELFTPromise

- Tested **Healthier Wealthier Families** in a neuro-disability clinic in Newham and children and community centres in Tower Hamlets.
- Fourteen-month pilot: 174 referrals from neurodisability clinic, 78 received support.
- Total benefits maximised £476,023. Average family benefiting by £6,103 a year (return of £47 for every £1 spent).

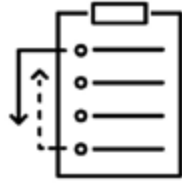
*"I didn't know where to ask for help. If I didn't go to the coffee mornings at West Ham clinic, I wouldn't know about it."*



Our Newham Money advisor providing support to a parent in West Ham Lane clinic

# Challenges

**Prioritising**



**Measuring**



**Resourcing**



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# Group discussion (slido #1705637)

1. Based on our top health priorities for this year (physical health support, employment support income maximisation), name one or two actions you think we can do to strengthen our health equity efforts.

2. Share one or two things we can do to overcome resource constraints so we can continue to improve health equity.