

Social Justice and Health Equity

Professor Michael Marmot

@MichaelMarmot

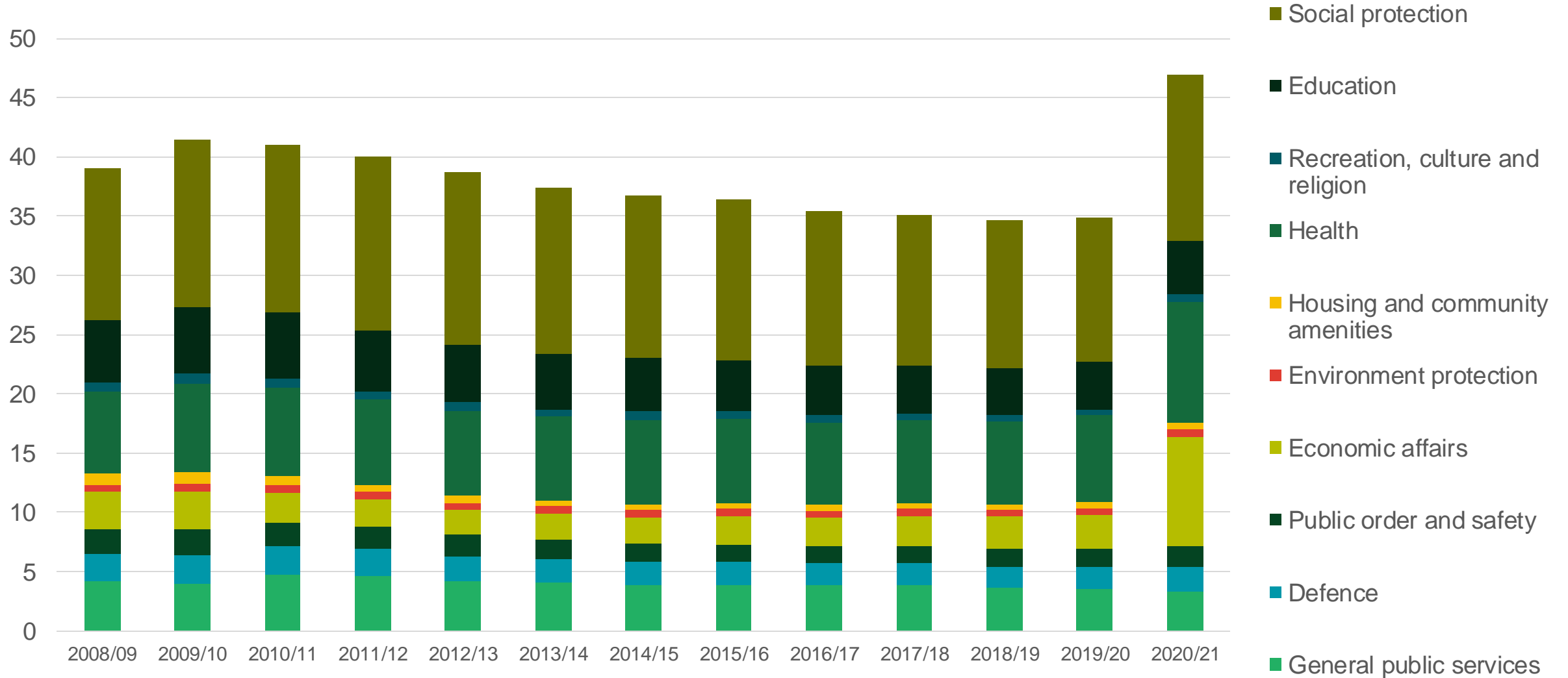
<http://www.instituteoftheequity.org/>



The current context

Public sector expenditure (% of GDP) declined in the UK

Percent

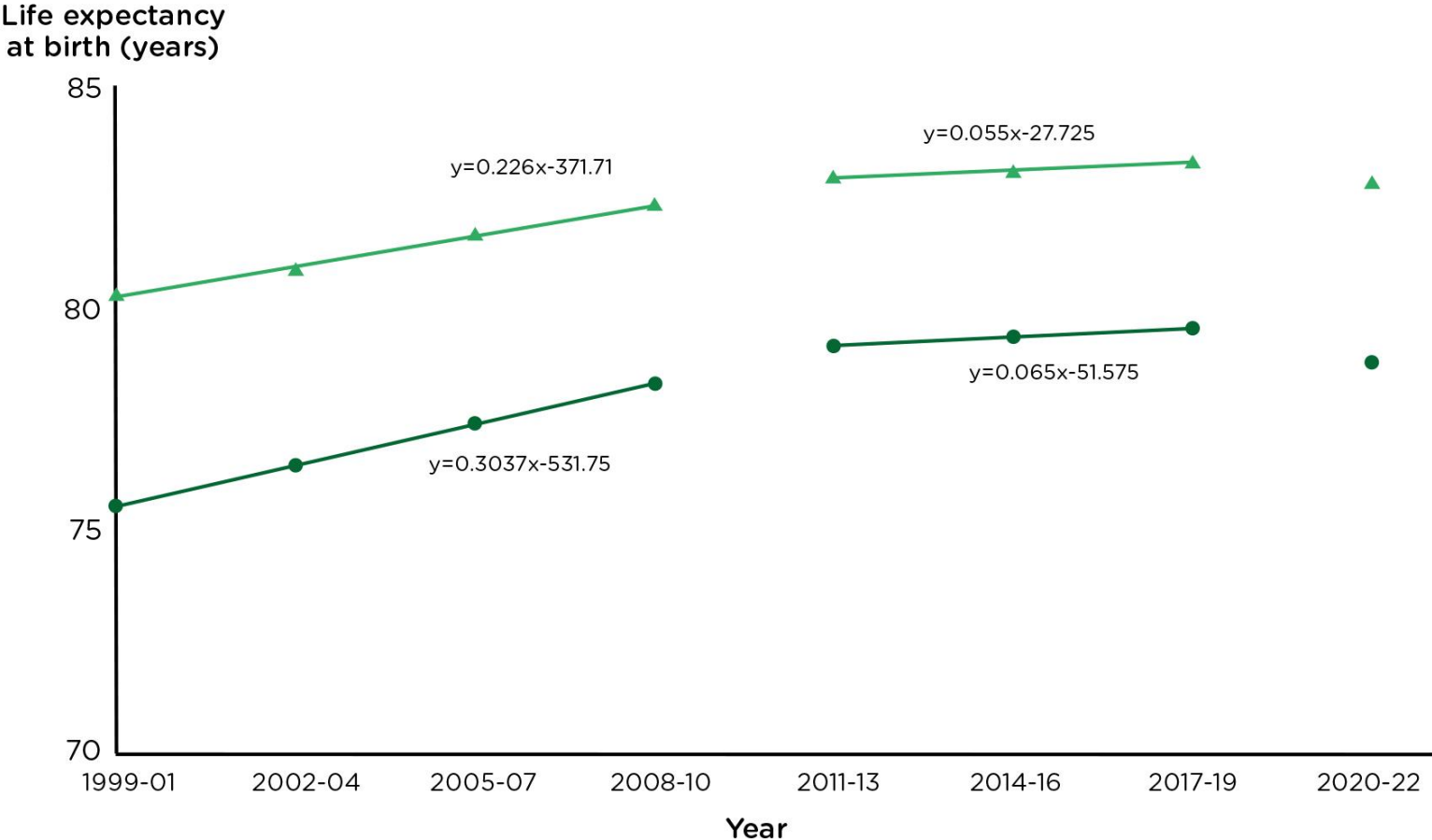


Life expectancy at birth, England, 1999-2001 to 2020-22



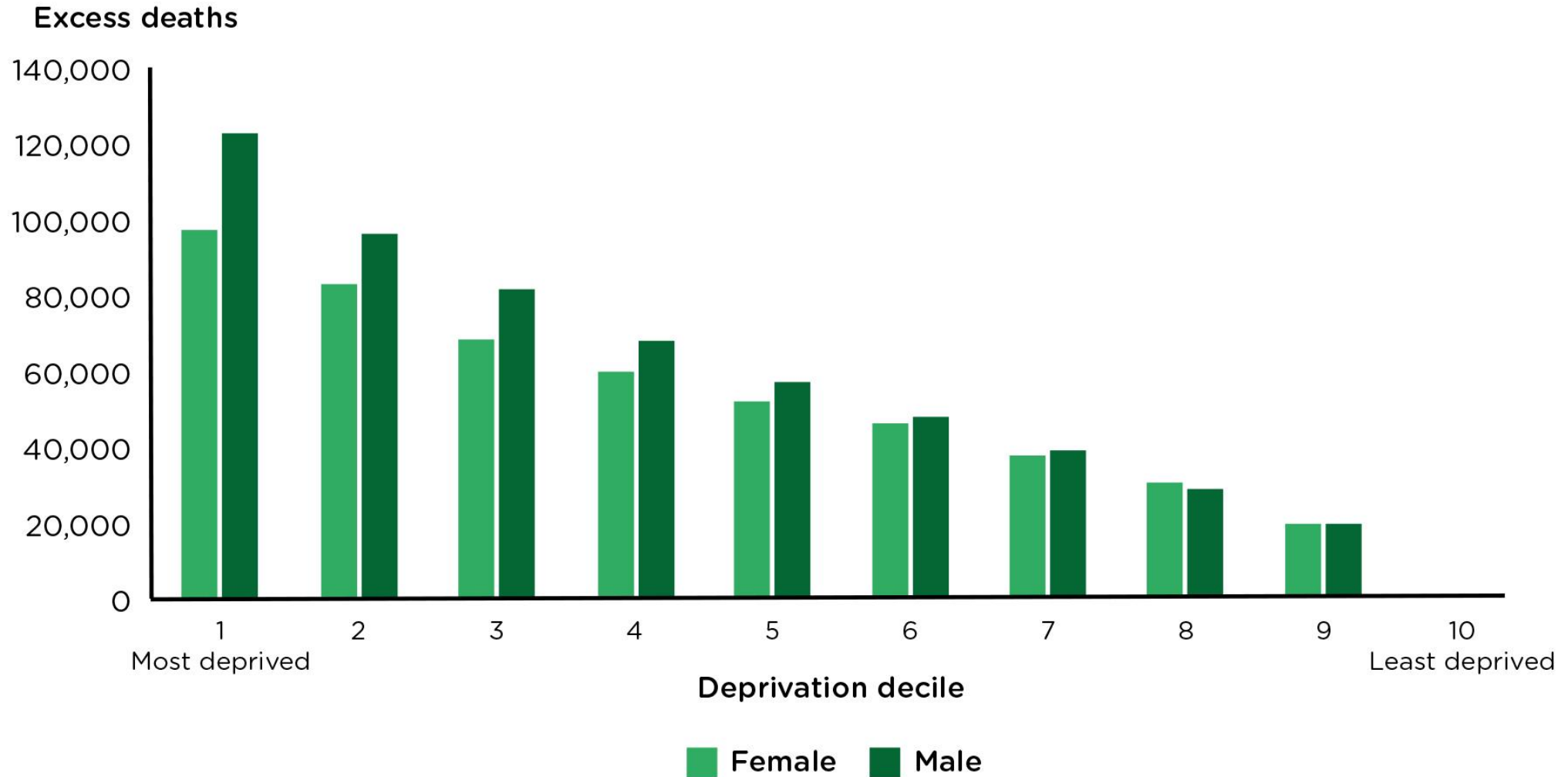
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REDUCING HEALTH INEQUITIES THROUGH ACTION ON THE SOCIAL DETERMINANTS OF HEALTH

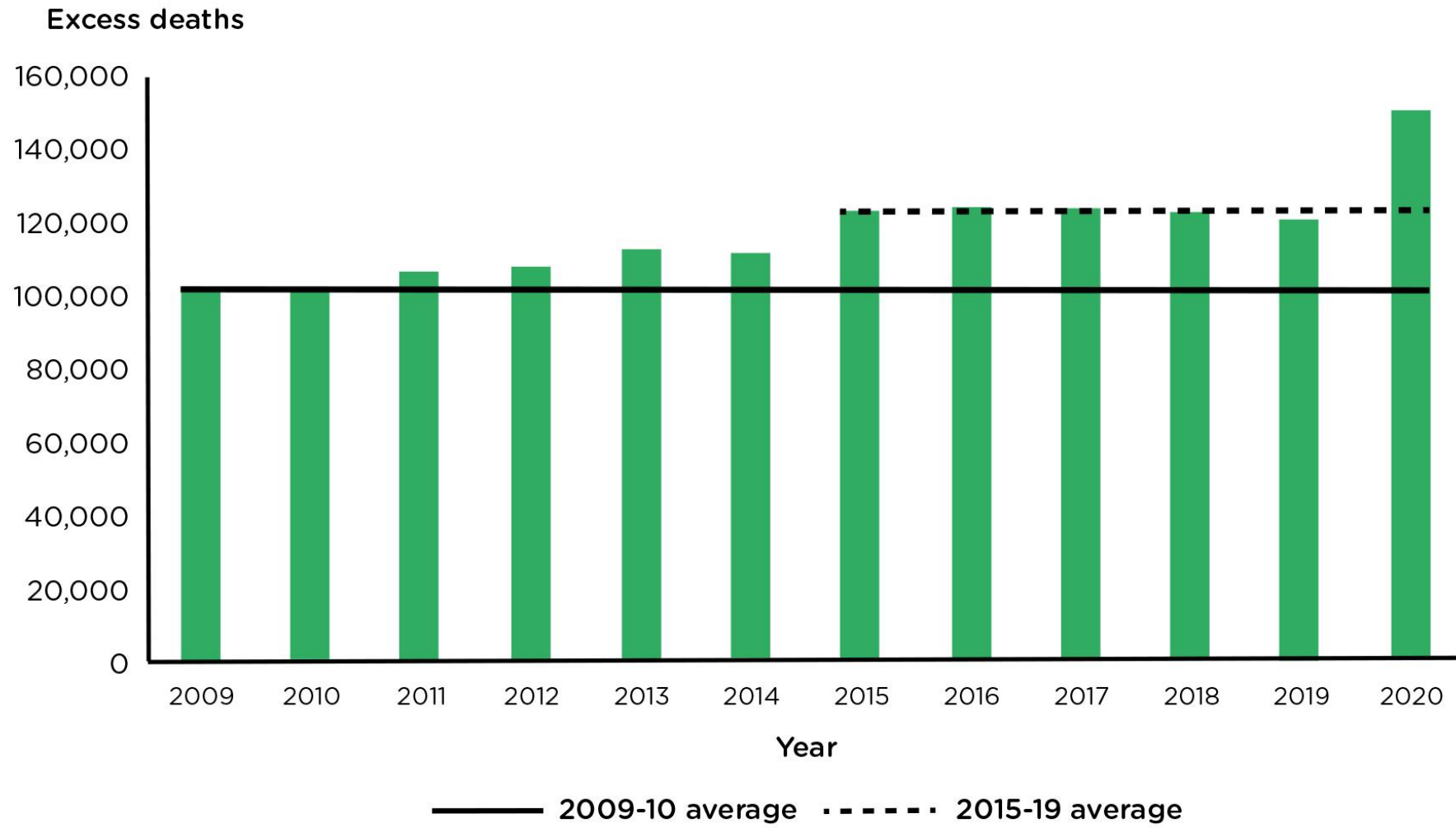


Source: ONS (2024)
National life tables; England

Excess deaths in each decile of area deprivations, based on the Index of Multiple Deprivation, by sex, England, 2011-2019



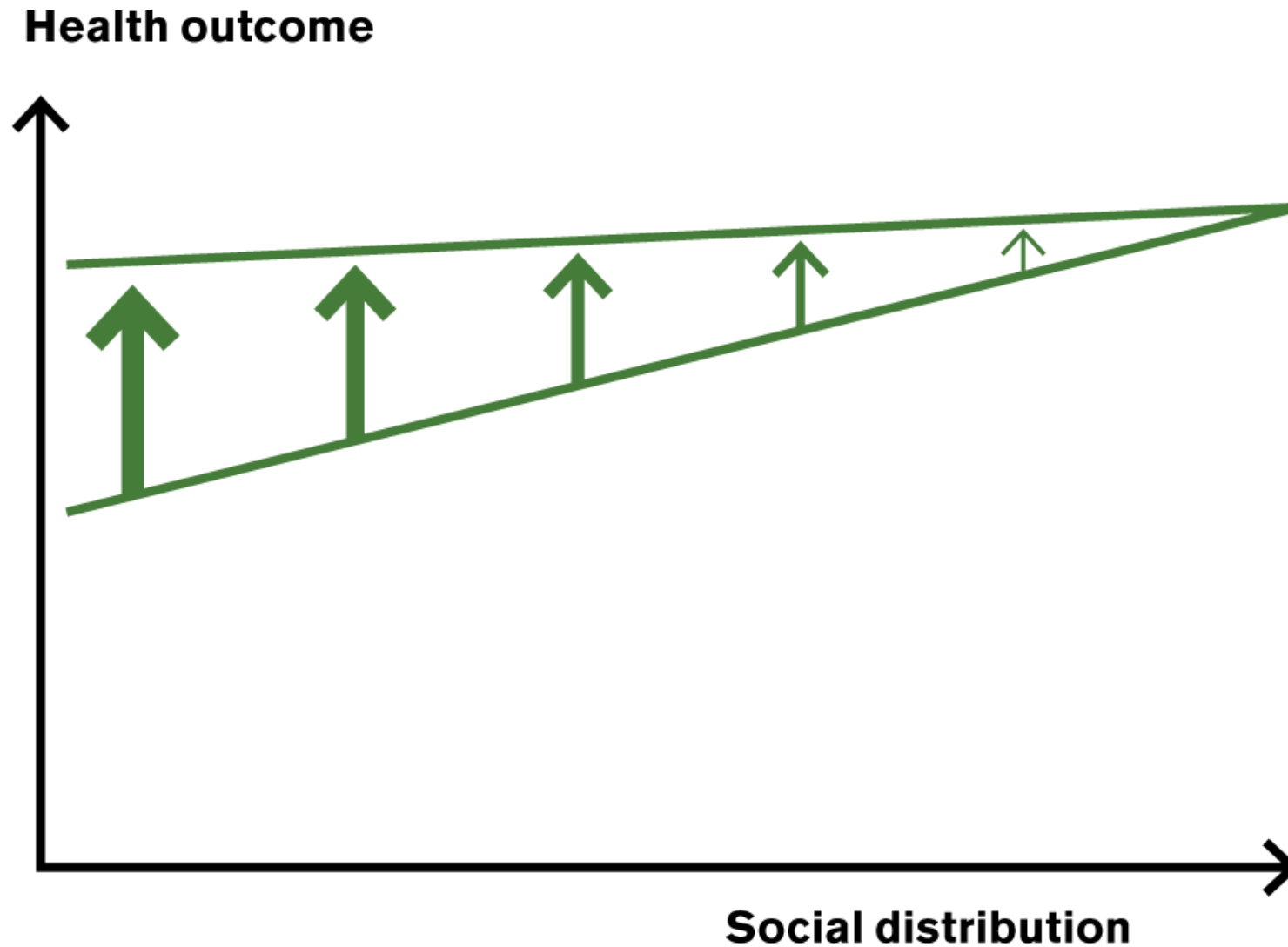
Excess deaths in each year 2009 to 2020, based on area deprivation deciles using the Index of Multiple Deprivation



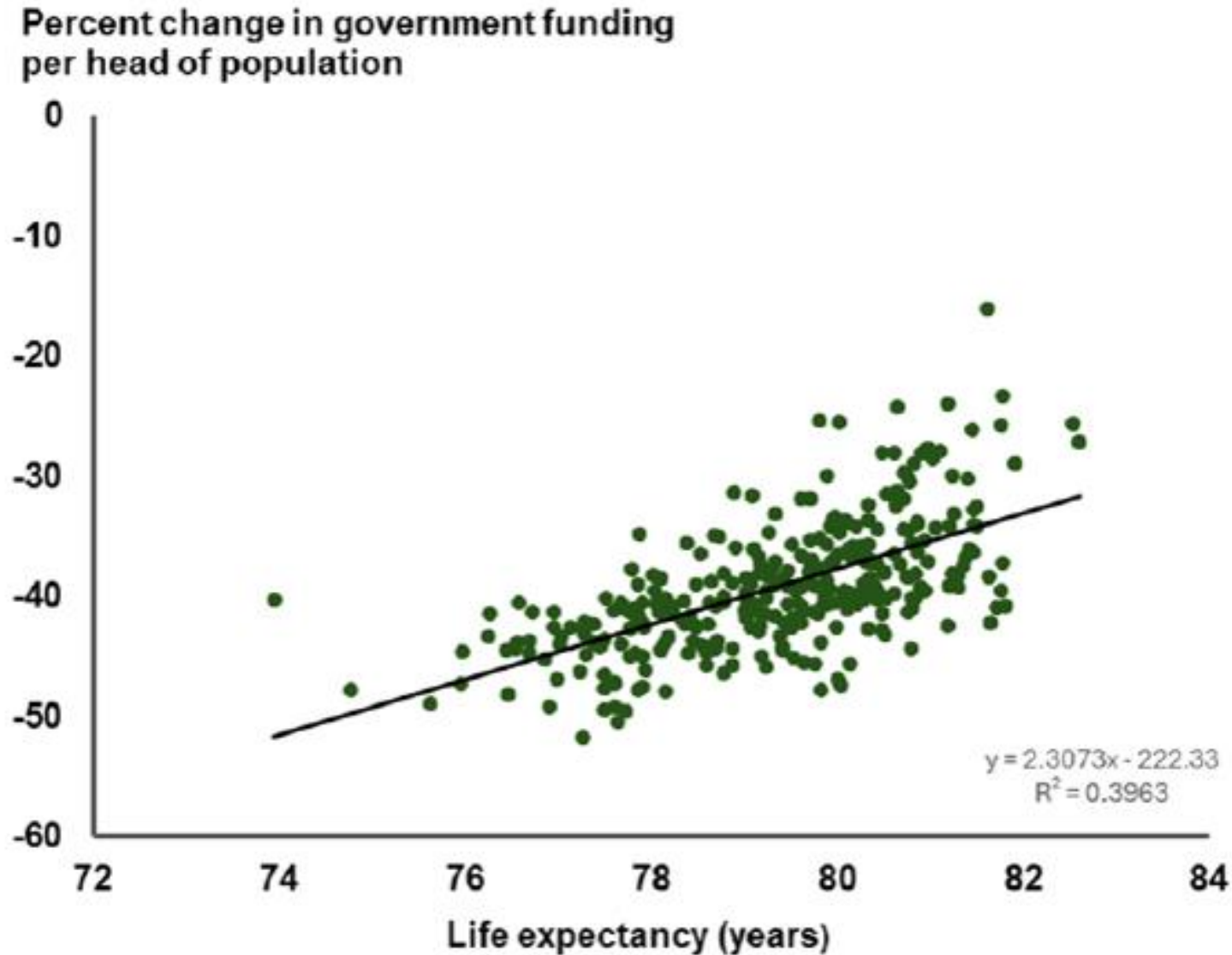


Proportionate Universalism

Levelling-up the social gradient in health

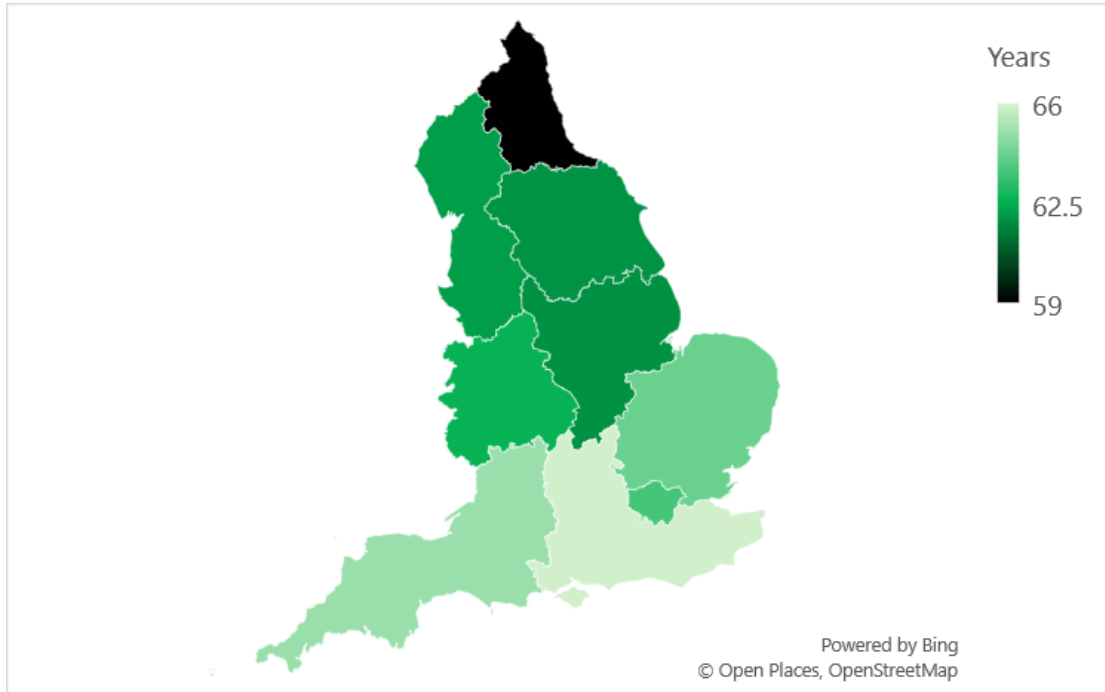


Change in government funding per head of population by 2019/20 by male life expectancy in 2010-12, local authorities in England

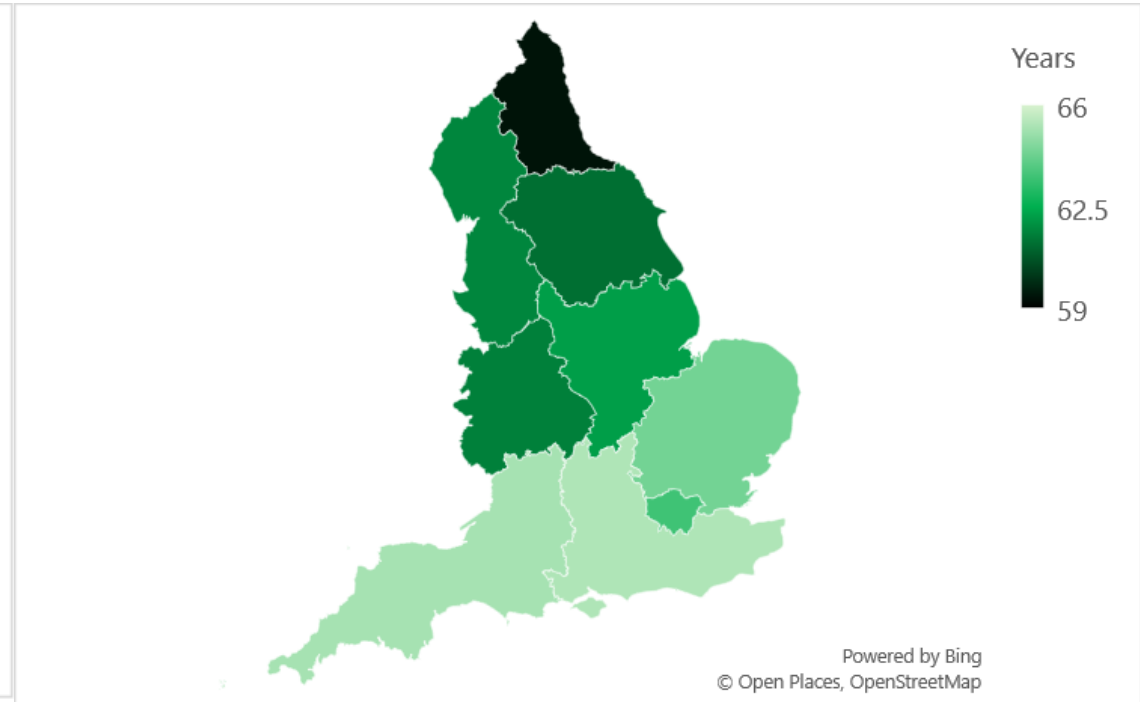


Healthy life expectancy by sex and region, 2017-19

Females



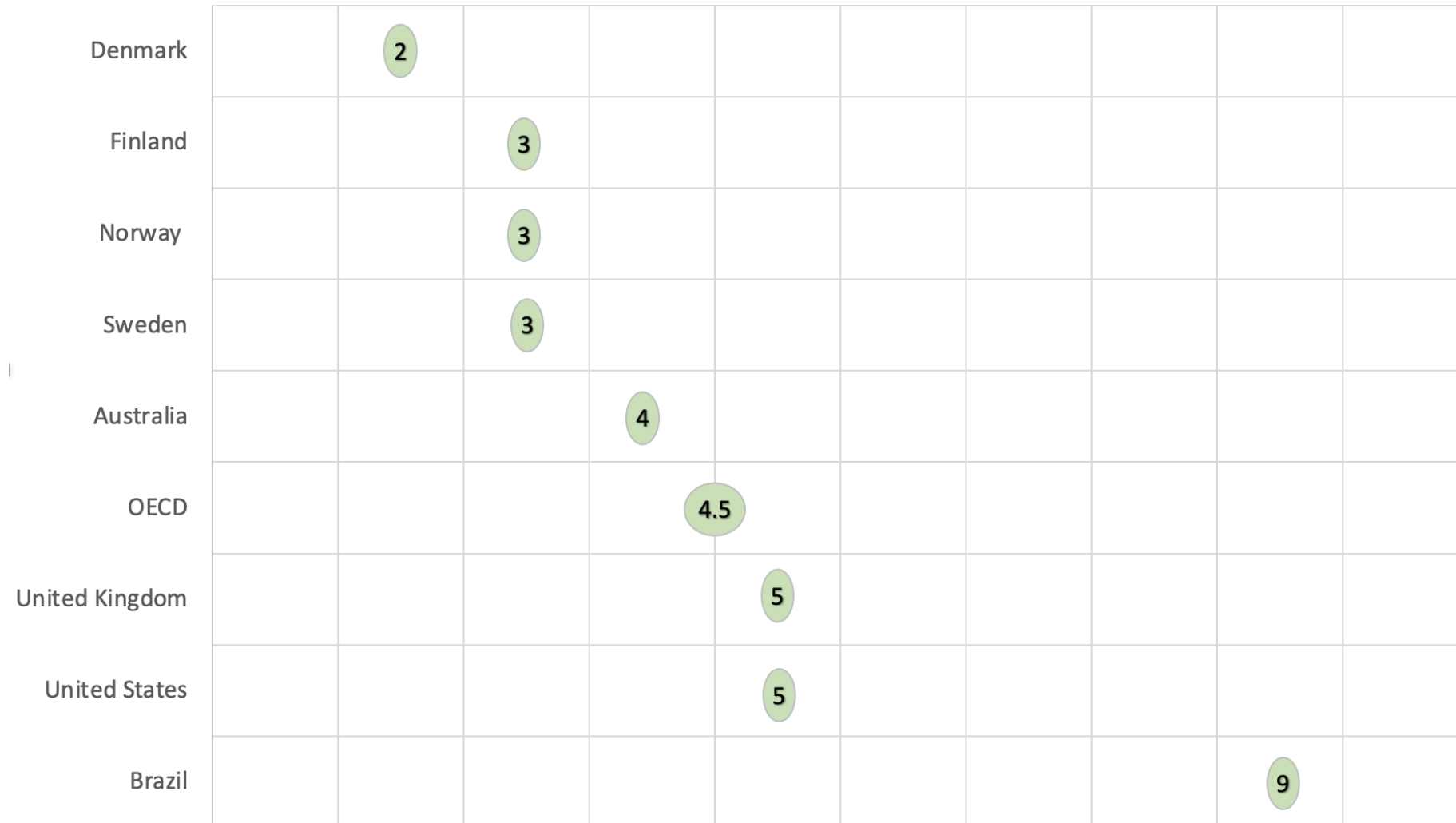
Males



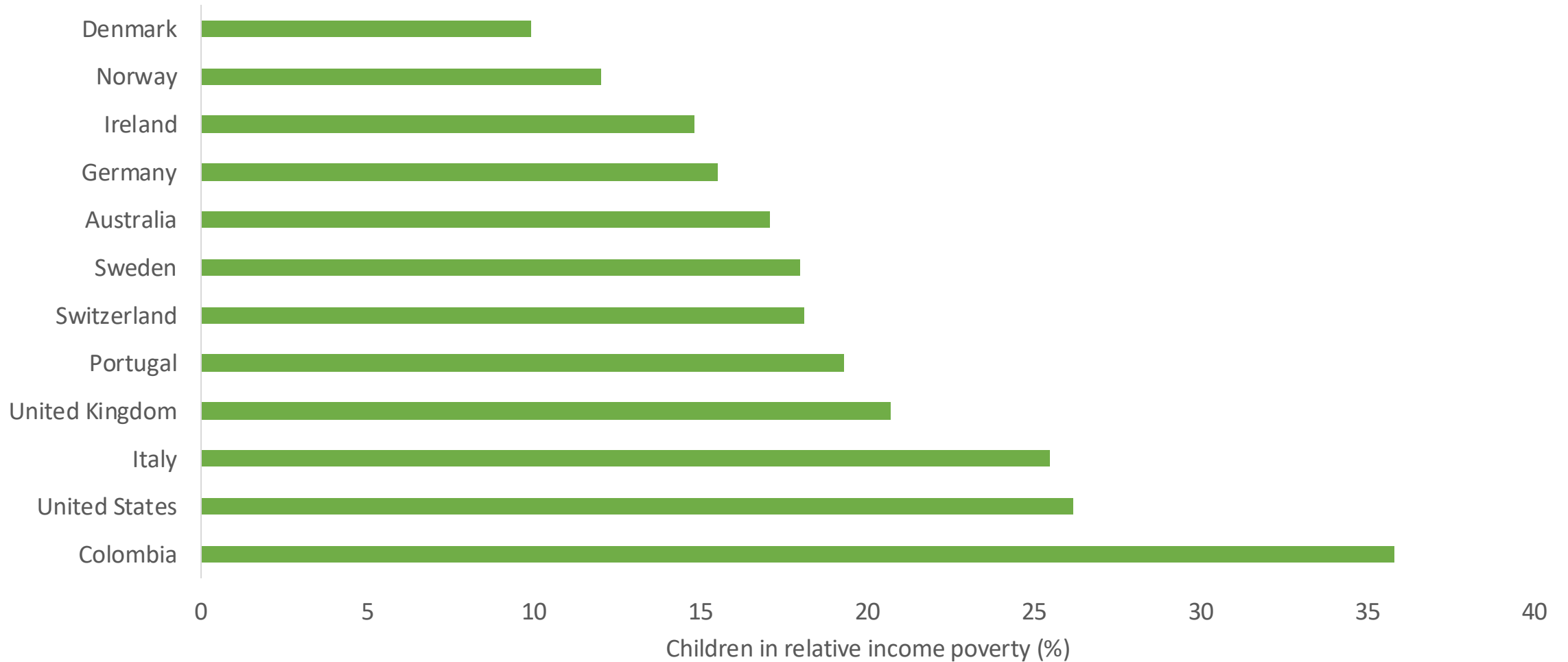


Challenges

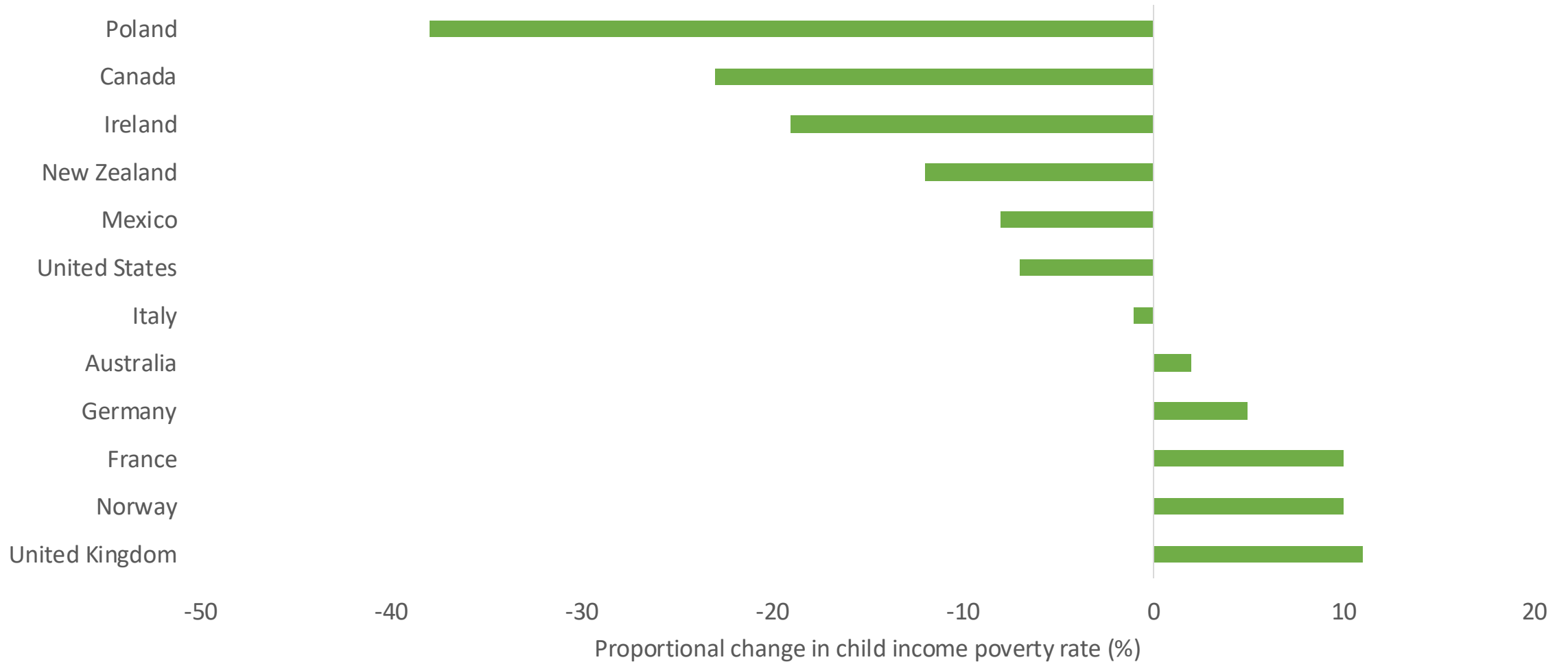
Social mobility: How many generations does it take to go from low income to middle income in different countries



Child poverty rates 2019-2021

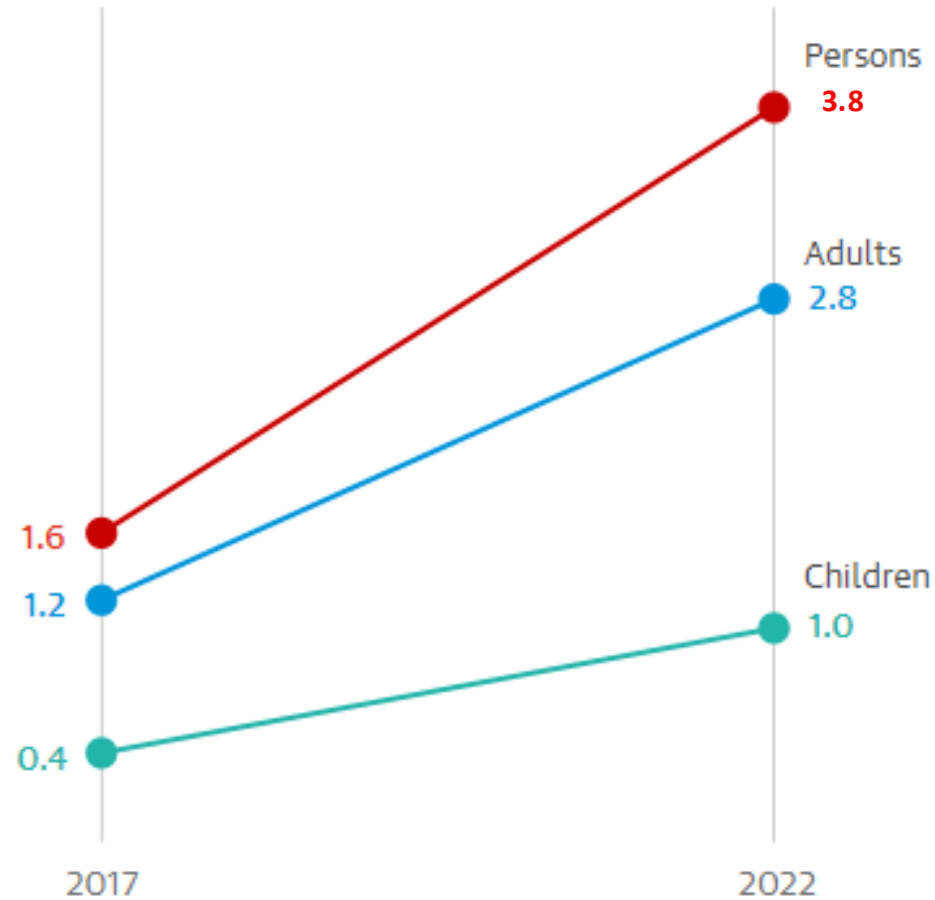


Change in child income poverty rates, 2012-2014 to 2019-2021



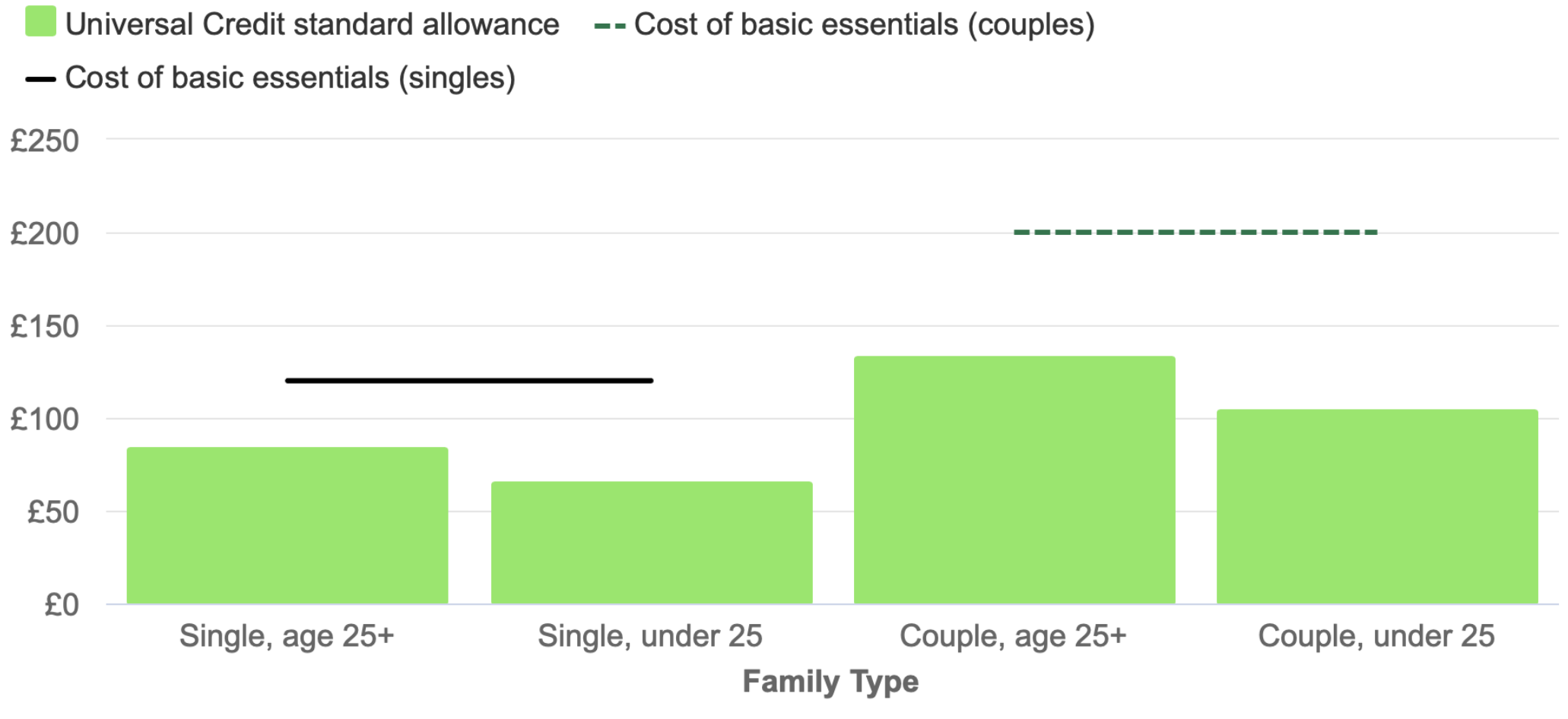
The number of people experiencing destitution in the UK increased by 148% from 2017 to 2022

People living in destitution in the UK, millions

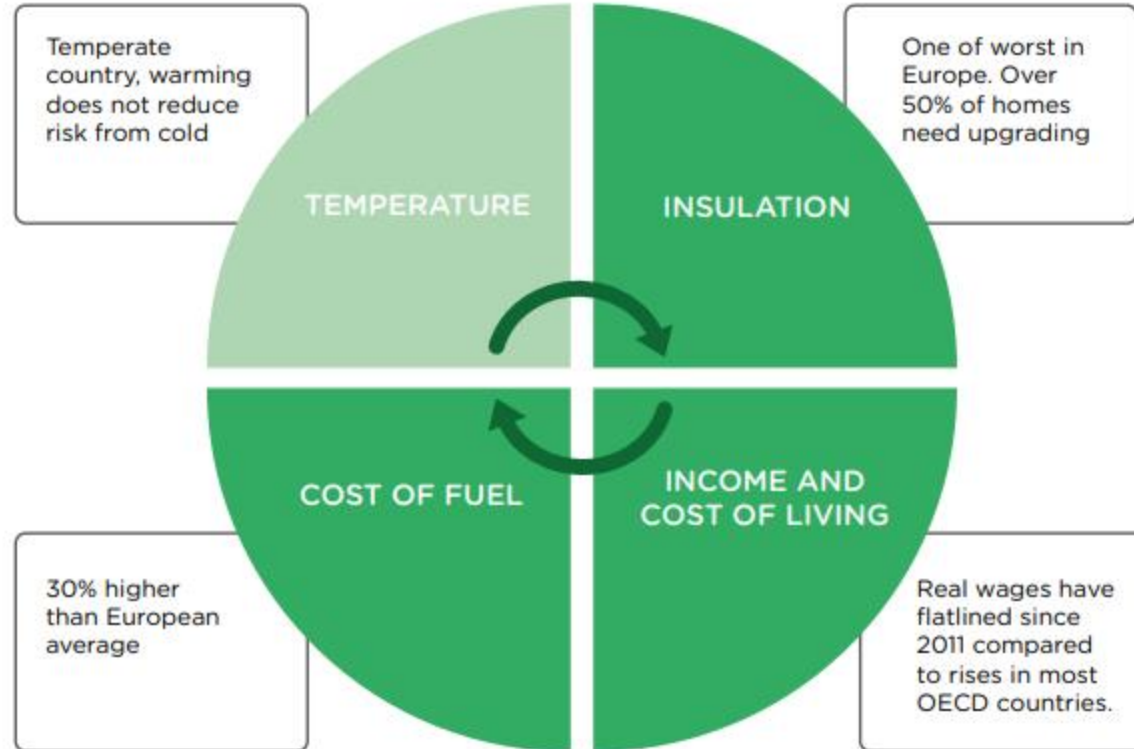


Guardian graphic. Source: Joseph Rowntree Foundation. Note: people are considered destitute if they have not been able to meet their barest physical needs to stay warm, dry, clean and fed

Chart 1: Universal Credit's standard allowance compared to our indicative Essentials Guarantee level (£ per week in 2023/24)

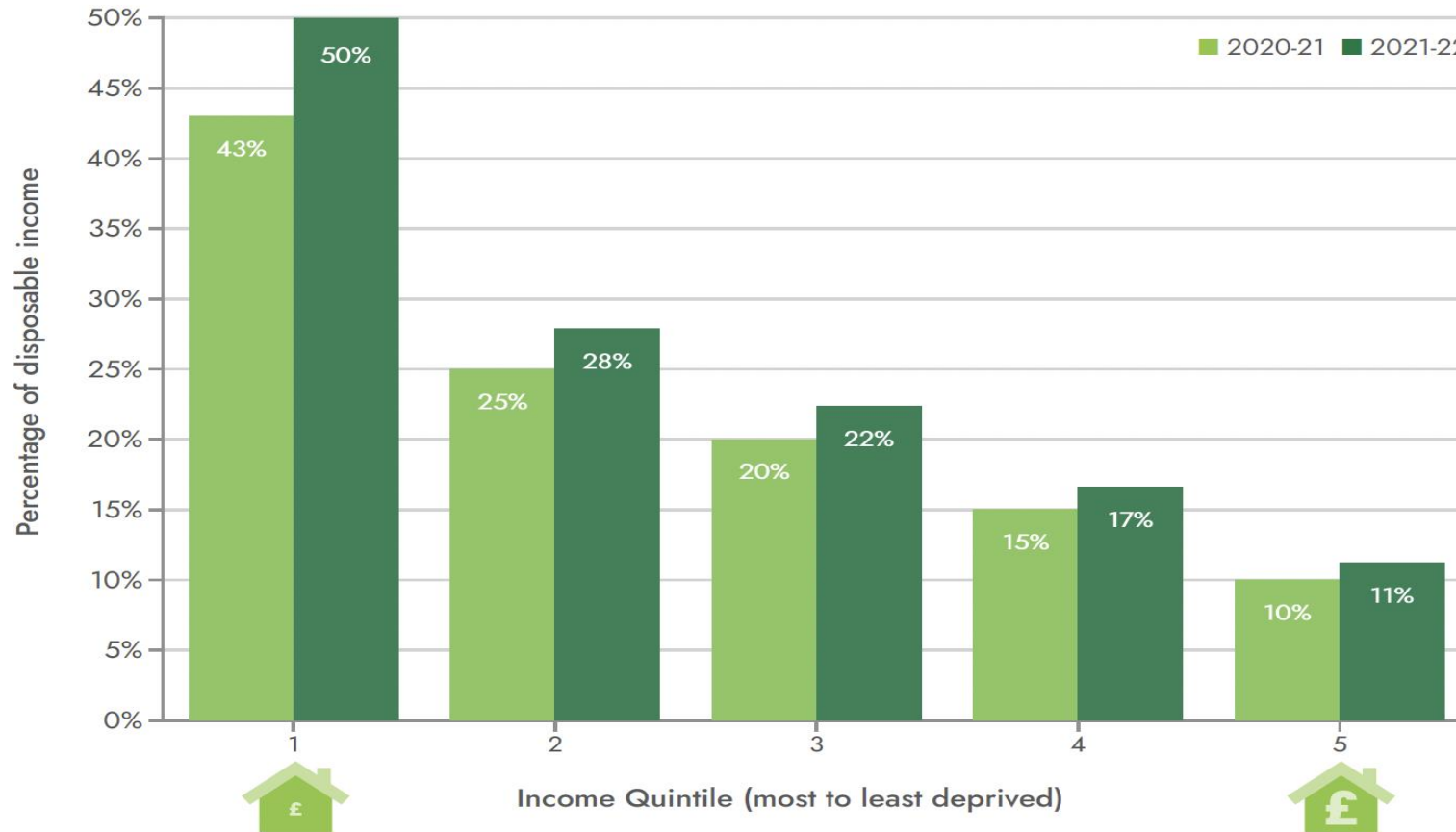


An imperfect storm - causes of cold homes



Income needed to eat healthy diet – quintiles of HH income.

Percentage of disposable income required to afford the Eatwell Guide by income quintile



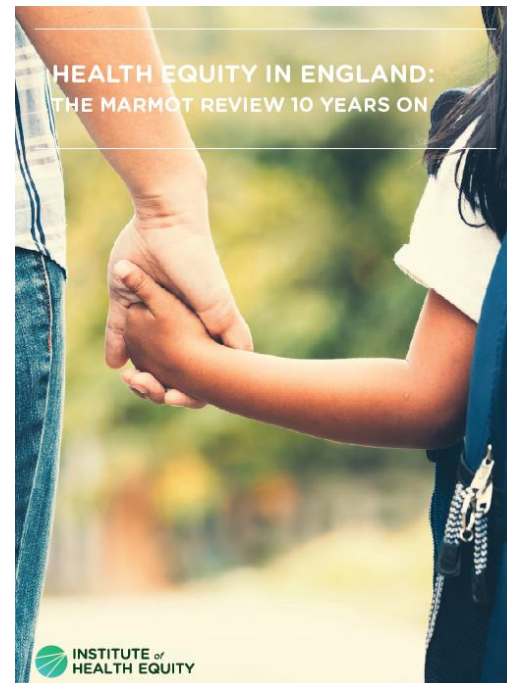
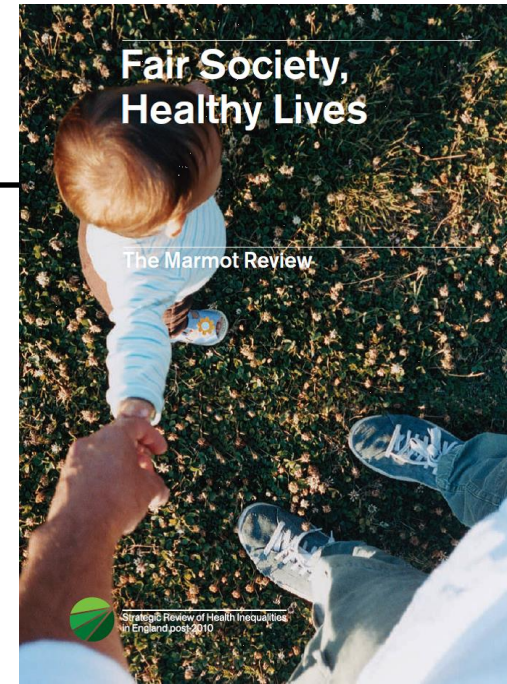
Source: FoodDB, University of Oxford; London School of Hygiene & Tropical Medicine secondary analysis of the Family Resources Survey 2021-22



Local Action

Marmot principles

- Give every child the best start in life
- Enable all children, young people & adults to maximise their capabilities and have control over their lives
- Create fair employment and good work for all
- Ensure healthy standard of living for all
- Create and develop healthy and sustainable places and communities
- Strengthen the role and impact of ill health prevention
- Tackle discrimination, racism and their outcomes
- Pursue environmental sustainability and health equity together



Marmot Places – 40+ local authorities

- Coventry
- Greater Manchester
- Cheshire and Merseyside
- Lancashire and Cumbria
- Luton
- Waltham Forest
- Gwent
- Southwest region
- Leeds

2024 /25

- Medway
- Wokingham
- Northumberland
- West Norfolk
- Kent (tbc)
- Oxford (tbc)
- Westminster (tbc)
- Newcastle (tbc)

COVENTRY – A MARMOT CITY

An evaluation of a city-wide approach to reducing health inequalities



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ALL TOGETHER FAIRER:
HEALTH EQUITY AND THE SOCIAL DETERMINANTS OF HEALTH IN CHESHIRE AND MERSEYSIDE



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REDUCING HEALTH INEQUALITIES IN LUTON:
A MARMOT TOWN



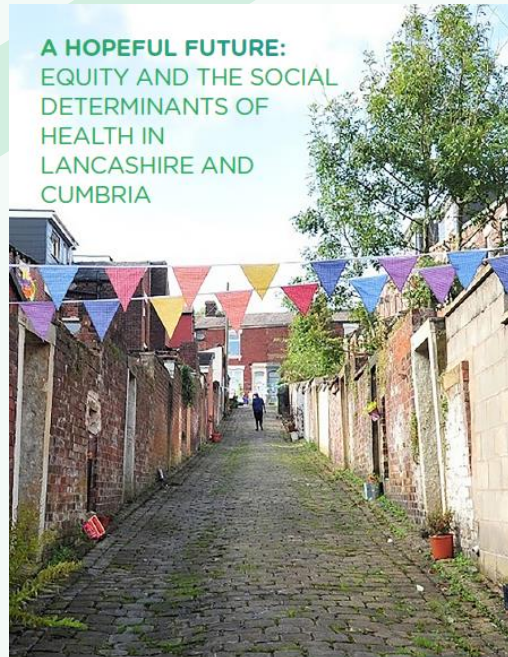
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FAIRER, HEALTHIER LEEDS:
REDUCING HEALTH INEQUALITIES



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A HOPEFUL FUTURE:
EQUITY AND THE SOCIAL DETERMINANTS OF HEALTH IN LANCASHIRE AND CUMBRIA



BUILD BACK FAIRER IN GREATER MANCHESTER:
HEALTH EQUITY AND DIGNIFIED LIVES



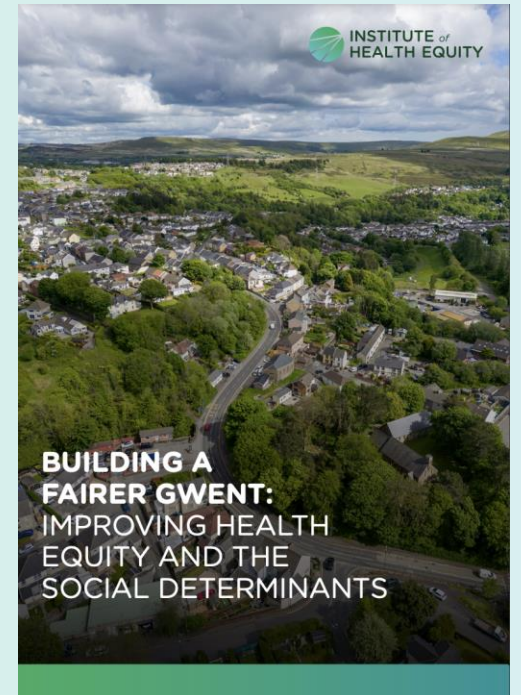
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A FAIRER AND HEALTHIER WALTHAM FOREST:
EQUITY AND THE SOCIAL DETERMINANTS IN WALTHAM FOREST



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BUILDING A FAIRER GWENT:
IMPROVING HEALTH EQUITY AND THE SOCIAL DETERMINANTS



To be truly radical is
to make hope
possible rather than
despair convincing

Raymond Williams
Welsh novelist & critic, 1921-88