# **How will you use your 10 development days this year?**

How will you use your 10 days to navigate your career and fill any gaps you may have identified?

The PFDC [10 Development days resources](https://www.imperial.ac.uk/admin-services/staff-development/postdoc-fellows-development-centre/your-career/your-10-development-days/) may give you ideas on how you can use your 10 days throughout the year, while the table below will give you a place to record how you do this.

Have you got a good balance of activities that include both **informal** experiential opportunities as well as **formal** workshops and training? For inspiration [see our examples of both formal and informal development activities](https://www.imperial.ac.uk/postdoc-fellows-development-centre/your-career/your-10-development-days/how-where/plan-and-engage/).

Remember you can split your days in multiple blocks of time.

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| **Day / hours** | **What will you use this day for?** | **What skill will this develop? and/or how will it fill a gap in your CV?** | **Date & time used:** |
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