**So many opportunities, how to prioritise?**

Researchers are surrounded by opportunities to network. Consider each of the opportunities below and, for any that sound interesting, ask yourself:

* Is this something I would enjoy?
* Is it aligned to my values or strengths?
* Which of my networking goals will this help me meet?
* What other benefits might it bring?
* How much time would it take?
* What would be my first step to finding out about or taking advantage of this opportunity?

**Local / research group opportunities**

* Schedule some coffees, walking meetings or zoom catch-ups with other researchers
* Offer to give a seminar
* Organise social events
* Organise journal clubs / study groups
* Share the techniques/skills/expertise you have with a wider group
* Host a visiting researcher / give them a tour
* Research group social media hosting or volunteer to run a social media account

**At departmental level**

* Give a seminar or offer to chair one
* Volunteer to represent on committees (health and safety, Athena swan, Public engagement)
* Organise events (e.g. ECR sessions)
* Present your work in another group's meeting
* Volunteer to help at open days or giving lab tours
* Media release or blog when new publication come out
* Teaching or Tutorial opportunities

**Imperial-wide**

* Faculty level seminars
* Parents Network, Imperial as One, Imperial 600
* Imperial Postdoc and Fellows enterprise network
* Internal conferences, training courses or workshops

**UK and beyond**

* Join local foundations, charities and organisations
* Join professional bodies or peer support / advocacy groups in areas you are interested in (e.g. Tiger STEMM or Black in STEM)
* Reach out to policymakers: via The Forum at Imperial, STEM for Britain or MP pairing scheme
* Visiting and giving talks to other universities or industry partners
* Organise workshops or events
* Related volunteer work, outreach, public engagement or widening participation
* Apply for travel or collaboration bursaries
* Social media and open research practices

Don’t overwhelm yourself: choose just two or three things to do in the next 3-6 months, then set goals for the following 3-6 months.