



## My Career So Far

In order to move forward, it's important to know where we have been. In this activity, you will reflect on what you have done so far and use this to consider how that influences your next steps.



**In the box below – draw out your career so far**

You can be as artistic (or not!) as you like:

**2**

**In the box below – write down your Career Highlights so far**

What are you most proud of? What are your biggest achievements?  
What did you love working on? What team was the best to work with?

**3**

**In the box below – share your biggest learning moments so far**

What situations were you in? What did you learn? How did you apply that learning?

**4**

**In the box below – define the features you are looking for in your career**

What work / tasks would you spend most of your time doing? What type of people will you be working with and for? How challenging will the work be?

**5**

**In the box below reflect on steps 1-4**

What do you notice and what does that tell you about where you could focus your attention?