## **Imperial Athletes Badges**

## **Beginner Friendly Badge**

- 1. Club Development Plan
- 2. Session Planning
- 3. Session Delivery
- 4. Inclusivity
- 5. Wellbeing and Safety
- 6. Participation Pathways

#### 1. Club Development

	Essential Criteria	Additional Guidance
1a	Signed off Club Development Plan for new academic year.	
1b	Attended a Club Development meeting.	
1c	Evidence of club achieving previous development objectives.	Clubs should be able to demonstrate that they have progressed in annual club objectives as part of their overall performance management matrix.

### 2. Session Planning

	Essential Criteria	Additional Guidance
2a	Clear delivery objectives for sessions.	Tailored to beginner participants and clubs can demonstrate how they meet the needs and aspirations for this demographic
2b	Periodisation of training.	
2c	Approach to achieving sustained participants.	How the club aims to translate attendees to taster sessions into regular participants.

### 3. Session Delivery

Essential Criteria	Additional Guidance

3a	Taster sessions either coached or 'have a go' style.	Which are bespoke to taster sessions and introduction for new participants.
3b	Fully qualified coaches.	The lead coach must hold a valid NGB level 2 or equivalent coaching qualification.
3c	Sport leaders or session facilitators.	Any coaches that are delivery coaching in an assistant capacity should have received appropriate training such as Sports Leaders, Activators or Level 1 coaching qualifications. These individuals should not be expected to lead on coaching delivery for a long time.

# 4. Inclusivity

	Essential Criteria	Additional Guidance
4a	Clear process to participants to sign up.	
4b	Participants can join throughout the year.	
4c	Accessible communication and language.	The club can demonstrate that they use inclusive forms of communication and language marketing, and general information to their membership.  I.e. person with impairment, wheelchair user, learning disability, disabled people
		Accessibility Understanding the barriers that disabled people experience, and actively removing these barriers to help inform communications printed and online.  • Text size • Friendly font • Colour contrast • Accessible links
4d	Adapting or modifying activities.	Demonstrate how or ways that they can modify what the club is currently doing to ensure everyone is getting a fair go. Modifying a sport to provide a more appropriate version.  • Teaching or coaching style  • Rules  • Environment  • Equipment

### 5. Wellbeing and Safety

	Essential Criteria	Additional Guidance
5a	Club members have attended Mental Health in Sport Trainer workshop. Or can demonstrate equivalent Mental Health in Sport training through eLearning.	
5b	Completed Risk Assessment.	
5c	Inclusive Code of Conduct.	

### 6. Participation Pathways

	Essential Criteria	Additional Guidance
6a	Evidence of participation pathways and individual player development.	For example, a beginner training programme focused on skill development.
6b	Imperial Leagues - Supporting a team to enter, co-running or involved as an Imperial Leagues Ambassador.	

### **Imperial Athletes Badges**

## **Female Participation Badge**

- 1. Club Development Plan
- 2. Session Planning
- 3. Session Delivery
- 4. Inclusivity
- 5. Wellbeing and Safety
- 6. Partnership

#### 1. Club Development

	Essential Criteria	Additional Guidance
1a	Signed off Club Development Plan for new academic year.	
1b	Attended a Club Development meeting.	
1c	Evidence of club achieving previous development objectives.	Clubs should be able to demonstrate that they have progressed in annual club objectives as part of their overall performance management matrix.

### 2. Session Planning

	Essential Criteria	Additional Guidance
2a	Clear delivery of objectives for sessions.	The session objectives should be able to demonstrate that there a focus on fun, engagement, trying something new. Rather than skill
2b	Approach to achieving sustained participants.	How the club aims to translate attendees to taster sessions into regularly participants.

#### 3. Session Delivery

	Essential Criteria	Additional Guidance
За	Taster sessions either coached or 'have a go' style.	Sessions planned at specific aim to engage and increase female participation.

3b	Fully qualified coaches.	The lead coach must hold a valid NGB level 2 or equivalent coaching qualification.
3c	Sport leaders or session facilitators.	Any coaches that are delivery coaching in an assistant capacity should have received appropriate training such as Sports Leaders, Activators or Level 1 coaching qualifications. These individuals should not be expected to lead on coaching delivery for a prolonged period of time.
3d	Appropriate facility space for activity.	Suitable venue with an accessible location and appropriate timed sessions.

### 4. Inclusivity

	Clear process on how participants sign up.	For example, an Microsoft online form that's easily available for participants to access.
4a	Participants can join throughout the year.	
4b	Accessible communication and language.	The club can demonstrate that they use inclusive forms of communication and language on the marketing, and general information to their membership. The club is still
4c	Adapting or modifying activities.	The club can demonstrate that they are able to modify and adapt sessions to account for those participants with accessibility needs.
4d	Campaign engagement.	Engagement in campaigns or awareness days that support female participation. Such as This Girl Can, Move Her Way etc. The option to demonstrate engagement in National Safety campaigns.

# **Imperial Athletes Badges**

# Sustainable Club Badge

1a	Completed Club Development Plan and attended a club development	Can coordinate club charity events that support carbon offset
	meeting.	(e.g.)
1b	Recycling or donating unwanted sports kit and equipment to charity.	Supporting local organisations
1c	Going paperless, and/or supporting transport sharing/opting to take public transport to fixtures and training	Club members partaking in active travel to get to training/matches (e.g.)
1d	Reducing plastic through schemes like introducing reusable club water bottles.	
1e	Up-to-date club inventory to avoid purchasing unrequired kit/equipment.	

# **Imperial Athletes Badges**

# **High Performance Club Badge**

1a	Completed Club Development Plan and attended a club development	
	meeting.	
1b	Active scholars involved in IA scholarship programme	High attendance at S&C sessions if on performance programme.
1c	No walkovers and attendance in cup fixtures/events.	Attendance at BUCS fixtures and events (if applicable).
1d	Teams performing in Tier 1 and above.	
1e	A structured performance programme/schedule of training and matches for higher ability members.	