Imperial College London

ROLES AND RESPONSIBILITIES

PERSONAL TUTOR

(Undergraduate and Postgraduate Programmes)

This document outlines the typical duties expected of the post holder. The descriptions of the post cannot be exhaustive and the post-holder may be required to undertake other duties, normally these will be broadly in line with the listed key responsibilities. Roles and responsibilities may also be subject to change.

Summary of role:

- The role of Personal Tutor is to support tutees in their personal, general academic, and professional development.
- Through regular contact and the establishment of a supportive and professional relationship, Personal Tutors maintain an overview of their tutees' academic progress and development, as well as an overview of their tutees' wellbeing.
- Personal Tutors signpost students toward appropriate sources of support where necessary, and signpost students toward development opportunities where available.
- The Senior Tutor (UG) and Senior Tutor (PG) are responsible for supporting and managing the development of a department's Personal Tutors.
- The College Personal Tutors' Guide contains detailed information on all of the aspects below:
 - http://www.imperial.ac.uk/personal-tutors-guide/
- It is expected that all new Personal Tutors should complete the <u>Introduction to</u> Personal Tutoring Workshop before being assigned tutees.

Duties and Key Responsibilities:

1. Managing the relationship

1.1 Setting expectations and boundaries

- The Personal Tutor is often the first point of contact for students, and it is important that tutees are aware of the role of the Personal Tutor and the limitations to what a Tutor can do before referring a student to a more specialised source of support.
- Personal Tutors should meet with their new tutees within the first week of term, and should arrange at least one individual meeting with each tutee each term.
- Tutors should be in regular contact with tutees throughout their time at College, primarily through meetings, although email, Skype or other media might also be used, particularly for students on placements. Tutors should ensure that tutees are

¹ The word "department," which is used throughout this document may refer to Imperial College Schools, Divisions, Centres and Institutes, as appropriate.

aware of their availability and how to get in touch. Personal tutors are discouraged from sharing personal phone numbers with tutees.

1.2 Confidentiality

• Confidentiality is an important but complex aspect of the role and detailed guidance is available in the online Personal Tutors' Guide. If a tutor is unsure how to respond to a situation, they should discuss the matter with the Senior Tutor.

1.3 Policy

- Tutors should be up to date with current College rules, regulations, policies and procedures, including the key policies and procedures relating to the academic and examination regulations, discipline, complaints and appeals.
- The post holder is also expected to be familiar with the following key resources:
 - o The Imperial Success Guide: http://www.imperial.ac.uk/students/success-guide/
 - o Student Space: http://www.imperial.ac.uk/student-space
- It is College policy not to divulge student information to external parties (including parents) without explicit written consent from the student. All such enquiries should be referred to the Senior Tutor.

2. Developing students

2.1 Academic development

- Study skills: Advise students on drawing up study plans, learning strategies, time
 management, note taking in lectures, how to research a topic and write a
 report/essay. Tutors should direct students to the Imperial Success Guide:
 http://www.imperial.ac.uk/students/success-guide/
- **Exam preparations**: Advise students on preparing for assessments and give tips on how to cope with exam stress.

The Student Space website contains advice on stress and anxiety:

http://www.imperial.ac.uk/student-space/pause/stress-and-anxiety/

The Imperial College Health Centre website contains a guide to exams and stress: http://www.imperialcollegehealthcentre.co.uk/exams-and-stress/

- Academic progress: Monitor and review student academic progress and provide feedback on overall performance and report to Senior Tutors. Tutors are advised to keep copies of all their correspondence with tutees. Tutors may be required to write reports on their tutees.
- **English Language Support**: Ensure students are aware of the English language support programme offered by the Centre for Academic English, as appropriate.
- Module choices: Tutors should be prepared to support tutees with advice on option
 modules and on choosing a career direction. Students intending to work in industry
 might also find it useful to contact the department's Industrial Liaison Officer. There
 may be immigration implications for international students in the UK on a Tier 4
 student visa who make changes to their course which affect the length of level of
 study. You should make sure the student has sought advice from the International

Student Support team (international@imperial.ac.uk) before any final decisions are made.

2.2 Professional development

The <u>Imperial Graduate Attributes</u> are a set of competencies that define how Imperial graduates should approach problems, collect and use information, generate and test ideas, communicate and collaborate. Personal Tutors should be familiar with these attributes and can use them as a framework for discussion.

- Imperial Award: The Imperial Award provides students with a framework to reflect on the skills gained through extra-curricular achievements and receive recognition for them.
- **Co-curricular studies**: Imperial <u>Horizons</u> offers UG students the opportunity to broaden their studies by taking additional courses in a range of fields.
- Vacation work: The <u>Careers Service website</u> has guidance on finding vacation work, and Tutors should be aware of the UROP scheme and other opportunities available through the Outreach Office and Imperial College Union.
- **Curriculum Vitae support**: CV preparation support is available from the <u>Careers</u> <u>Service</u>.
- **References**: Students can expect to name their Tutor as a referee on job applications and/or applications for further study, both before and after graduation. See <u>College guidance</u> on writing references.

2.3 Extra-curricular activities and work-life balance

Tutors may need to help their tutees gain the right work-life balance. Some students
need encouragement to make time for extra-curricular opportunities alongside their
studies, while other tutees may need help in prioritising their studies. Personal Tutors
should help their tutees make the most of their time at Imperial, with a focus on
health and well-being. Student Space is a useful resource for students:
http://www.imperial.ac.uk/student-space/

3. Supporting students

Personal tutors should keep up to date with current College practice in student support by liaising with the Senior Tutor and engaging with the policy and practice updates and training provided.

3.1 Health and wellbeing

- Personal tutors are well placed to notice changes in their tutees. If any case causes
 the Personal Tutor concern, they should discuss it with the Senior Tutor. Cases of
 bullying or harassment should be referred immediately to the Senior Tutor. Any
 concerns over a student's safety, or that of others, because of inappropriate conduct
 or changes in behaviour should be referred immediately to the Senior Tutor.
- **Student personal problems**: These can include depression, loneliness, relationship problems, parental divorce, anxiety about parental health, bereavement, insecurities arising from transition to university, and concerns over money and accommodation. In all cases, Personal Tutors should provide compassionate assistance, and give

- advice or refer students to the Senior Tutor and/or College support and advice services.
- "At Risk" Students: Absenteeism from tutorials, failing to hand in work, or achieving low grades can all be indicators of 'at risk' students. Tutors should report matters of concern to the Senior Tutor. Tutors should be aware of <u>College policy on absence</u>.
- Crisis: There may be a rare occasion when a student in crisis (and possibly suicidal) turns to their Personal Tutor for help. During working hours, you should inform the Senior Tutor. You can also direct the student to the relevant College service. Out of hours, Personal Tutors should inform Security (020 759 48910 or internal 4444) who in turn will involve the Director of Student Support, the College Tutors, and, if relevant, the Hall Wardens. Personal Tutors who themselves need to talk over a crisis situation can contact Confidential Care on 0800 085 4764.

3.2 Academic progression

- Exams: Tutors should give accurate and timely advice and support on assessmentrelated matters, providing academic and personal support in the run up to exams and during the exam period.
- Mitigating circumstances: Tutors should be aware of College policy regarding
 mitigating circumstances, and should flag procedures to students as necessary.
 Tutors may be asked to comment on special circumstances at relevant Mitigation
 Advisory Panel (MAP) meetings prior to Examination Boards. Tutors should also
 inform Senior Tutors of any known special circumstances before such meetings.
- Interruption of Studies or withdrawal: Students are encouraged to discuss any changes in registration with their Personal Tutor or Senior Tutor. Personal Tutors should be prepared to discuss a tutee's options with them and help them make the right choice for themselves and their studies. There will be immigration implications for international students who are in the UK on a Tier 4 student visa who need to interrupt or withdraw. You should make sure the student has sought advice from the International Student Support team (international@imperial.ac.uk) before any final decisions are made.
- Inclusivity for disability: Tutors should be alert to signs of disability, be prepared to
 discuss the benefits of disclosure if a student has not yet disclosed, and discuss
 means of support and reasonable adjustments that could be made to help them
 better access the programme.

3.3 Daily living

- Social Development: Personal Tutors can help establish a good social relationship between students and academic staff by encouraging their tutees to attend departmental events/functions. This is an important way of helping students settle into College life.
- Cultural shock: International students especially may be feeling isolated and homesick, and may find it difficult to adjust socially and to cope with language barriers. Personal Tutors can help introduce them to students who are already settled into life in London and Imperial. The International Student Support team runs a programme of events throughout the academic year to support the international student experience and can also offer help and advice on assisting students experiencing difficulties settling in to life in the UK.

See <a href="https://www.imperial.ac.uk/study/international-students

- Money problems: Administrative problems such as late payment of grants or loans should be referred to Student Finance. Students should visit the Student Hub in the first instance. The Senior Tutor can assist students with applications to the Student Support Fund.
- **Accommodation**: The Student Hub is able to assist students looking for accommodation in the private sector. Legal disputes with landlords should be referred to the Student Hub or the Student Union Advice Centre.
- **Disability**: Students with a disability should be referred to the Departmental Disability Officer (DDO). The College's Disability Advisory Service (DAS) is also available to discuss matters concerning access, Disabled Students' Allowance, accommodation, or any other worries a student may have.

3.4 Referral and follow up

- Referring students to sources of expert help is a central aspect of your role as a
 Personal Tutor. Having explained the options, discussed the benefits of each and
 given contact information, it is best to encourage your tutee to refer themselves,
 thereby taking responsibility for it. There may however be occasions where a Senior
 Tutor referral is appropriate, for example where there are questions relating to fitness
 to practise.
- Although timely referral or involving others is important, remember that you are your tutee's only named Personal Tutor and it is important that they feel they can return to you to follow-up and discuss things further or explore other options.

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